

Quincy, (Nut Island), MA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:55	10.2	2:32	9.2	8:20	0.1	8:31	1.1	5:09	8:13	
2	Wed	2:38	10.2	3:16	9.3	9:03	0.1	9:17	1.1	5:09	8:14	
3	Thu	3:24	10.2	4:02	9.5	9:49	0.1	10:08	1.0	5:08	8:15	
4	Fri	4:14	10.1	4:53	9.7	10:39	0.1	11:03	0.8	5:08	8:15	
5	Sat	5:09	10.0	5:46	10.0	11:31	0.1			5:07	8:16	
6	Sun	6:08	9.9	6:41	10.4	12:01	0.6	12:26	0.1	5:07	8:17	
7	Mon	7:08	9.9	7:37	10.8	1:00	0.2	1:22	0.1	5:07	8:17	
8	Tue	8:09	9.9	8:35	11.2	2:00	-0.1	2:20	0.0	5:07	8:18	
9	Wed	9:11	10.0	9:32	11.5	3:01	-0.5	3:17	-0.1	5:06	8:19	
10	Thu	10:11	10.1	10:28	11.8	3:59	-0.9	4:14	-0.2	5:06	8:19	
11	Fri	11:07	10.3	11:21	11.9	4:55	-1.2	5:08	-0.3	5:06	8:20	
12	Sat			12:01	10.4	5:48	-1.4	6:01	-0.3	5:06	8:20	
13	Sun	12:14	11.8	12:55	10.3	6:40	-1.3	6:53	-0.1	5:06	8:21	
14	Mon	1:06	11.5	1:47	10.2	7:31	-1.1	7:45	0.1	5:06	8:21	
15	Tue	1:57	11.2	2:38	10.0	8:20	-0.8	8:36	0.4	5:06	8:22	
16	Wed	2:48	10.7	3:28	9.8	9:09	-0.4	9:27	0.8	5:06	8:22	
17	Thu	3:39	10.2	4:19	9.5	9:58	0.1	10:20	1.1	5:06	8:22	
18	Fri	4:32	9.7	5:10	9.4	10:48	0.6	11:15	1.3	5:06	8:23	
19	Sat	5:26	9.3	6:01	9.3	11:39	1.0			5:06	8:23	
20	Sun	6:21	8.9	6:52	9.3	12:10	1.5	12:29	1.3	5:07	8:23	
21	Mon	7:16	8.6	7:42	9.3	1:05	1.5	1:19	1.6	5:07	8:23	
22	Tue	8:10	8.5	8:31	9.4	2:00	1.4	2:09	1.7	5:07	8:24	
23	Wed	9:04	8.4	9:20	9.6	2:53	1.3	2:59	1.7	5:07	8:24	
24	Thu	9:54	8.5	10:05	9.8	3:43	1.1	3:46	1.6	5:08	8:24	
25	Fri	10:40	8.7	10:47	10.0	4:28	0.8	4:31	1.5	5:08	8:24	
26	Sat	11:22	8.8	11:28	10.1	5:10	0.5	5:14	1.3	5:08	8:24	
27	Sun			12:03	9.0	5:51	0.3	5:57	1.1	5:09	8:24	
28	Mon	12:08	10.3	12:44	9.2	6:32	0.1	6:40	0.9	5:09	8:24	
29	Tue	12:49	10.5	1:25	9.4	7:14	-0.1	7:24	0.7	5:10	8:24	
30	Wed	1:32	10.6	2:08	9.6	7:56	-0.3	8:10	0.6	5:10	8:24	