

Quincy, (Nut Island), MA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:17	10.6	2:52	9.9	8:40	-0.4	8:57	0.4	5:11	8:24	
2	Fri	3:05	10.5	3:39	10.1	9:26	-0.4	9:48	0.3	5:11	8:24	
3	Sat	3:55	10.4	4:29	10.4	10:15	-0.3	10:43	0.2	5:12	8:23	
4	Sun	4:50	10.1	5:23	10.6	11:08	-0.1	11:41	0.1	5:12	8:23	
5	Mon	5:49	9.9	6:19	10.7			12:03	0.0	5:13	8:23	
6	Tue	6:50	9.6	7:16	10.9	12:41	0.0	1:00	0.2	5:14	8:23	
7	Wed	7:52	9.5	8:16	11.0	1:42	-0.1	1:58	0.3	5:14	8:22	
8	Thu	8:55	9.5	9:15	11.2	2:44	-0.3	2:58	0.3	5:15	8:22	
9	Fri	9:57	9.6	10:13	11.3	3:44	-0.5	3:56	0.2	5:16	8:21	
10	Sat	10:54	9.8	11:07	11.3	4:40	-0.7	4:52	0.1	5:16	8:21	
11	Sun	11:47	9.9	11:58	11.3	5:33	-0.8	5:44	0.1	5:17	8:20	
12	Mon			12:37	10.0	6:22	-0.8	6:35	0.1	5:18	8:20	
13	Tue	12:48	11.1	1:26	10.0	7:10	-0.7	7:24	0.3	5:19	8:19	
14	Wed	1:36	10.8	2:12	9.9	7:56	-0.5	8:12	0.5	5:20	8:19	
15	Thu	2:23	10.5	2:58	9.7	8:41	-0.1	8:59	0.7	5:20	8:18	
16	Fri	3:10	10.0	3:42	9.6	9:25	0.3	9:47	0.9	5:21	8:18	
17	Sat	3:58	9.6	4:29	9.4	10:10	0.7	10:37	1.2	5:22	8:17	
18	Sun	4:48	9.1	5:16	9.3	10:56	1.1	11:30	1.4	5:23	8:16	
19	Mon	5:40	8.7	6:06	9.2	11:45	1.4			5:24	8:15	
20	Tue	6:33	8.4	6:56	9.2	12:23	1.5	12:35	1.7	5:25	8:15	
21	Wed	7:27	8.2	7:46	9.2	1:16	1.5	1:26	1.8	5:26	8:14	
22	Thu	8:22	8.2	8:38	9.4	2:10	1.5	2:17	1.8	5:27	8:13	
23	Fri	9:15	8.3	9:27	9.6	3:03	1.3	3:08	1.7	5:27	8:12	
24	Sat	10:04	8.5	10:14	9.9	3:52	1.0	3:57	1.5	5:28	8:11	
25	Sun	10:49	8.8	10:58	10.2	4:37	0.6	4:44	1.1	5:29	8:10	
26	Mon	11:32	9.2	11:41	10.6	5:21	0.2	5:29	0.7	5:30	8:09	
27	Tue			12:14	9.6	6:04	-0.2	6:14	0.4	5:31	8:08	
28	Wed	12:24	10.8	12:57	10.0	6:47	-0.5	7:01	0.0	5:32	8:07	
29	Thu	1:10	11.0	1:41	10.3	7:31	-0.7	7:48	-0.2	5:33	8:06	
30	Fri	1:57	11.0	2:27	10.6	8:16	-0.8	8:38	-0.4	5:34	8:05	
31	Sat	2:46	10.8	3:15	10.8	9:03	-0.7	9:29	-0.4	5:35	8:04	