

Quincy, (Nut Island), MA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:10	9.3	6:30	10.1			12:11	0.9	6:41	6:25	
2	Sat	7:15	9.2	7:35	9.9	12:54	0.4	1:15	1.1	6:42	6:23	
3	Sun	8:18	9.2	8:38	9.8	1:57	0.6	2:18	1.1	6:43	6:22	
4	Mon	9:16	9.4	9:35	9.8	2:56	0.6	3:18	0.9	6:44	6:20	
5	Tue	10:06	9.6	10:24	9.9	3:49	0.6	4:10	0.7	6:45	6:18	
6	Wed	10:49	9.8	11:08	9.9	4:34	0.5	4:55	0.4	6:46	6:16	
7	Thu	11:27	10.0	11:48	9.8	5:13	0.5	5:36	0.3	6:47	6:15	
8	Fri			12:03	10.1	5:51	0.6	6:16	0.2	6:48	6:13	
9	Sat	12:27	9.7	12:39	10.1	6:28	0.7	6:55	0.2	6:50	6:11	
10	Sun	1:06	9.5	1:16	10.0	7:06	0.9	7:34	0.3	6:51	6:10	
11	Mon	1:45	9.3	1:54	9.9	7:44	1.1	8:14	0.5	6:52	6:08	
12	Tue	2:25	9.0	2:33	9.7	8:24	1.3	8:55	0.8	6:53	6:06	
13	Wed	3:06	8.8	3:15	9.4	9:06	1.5	9:38	1.0	6:54	6:05	
14	Thu	3:50	8.6	4:00	9.2	9:50	1.8	10:25	1.2	6:55	6:03	
15	Fri	4:38	8.4	4:49	9.1	10:39	1.9	11:16	1.3	6:56	6:02	
16	Sat	5:30	8.4	5:43	9.1	11:33	1.9			6:58	6:00	
17	Sun	6:23	8.6	6:38	9.3	12:09	1.2	12:28	1.7	6:59	5:58	
18	Mon	7:17	8.9	7:35	9.6	1:03	1.0	1:25	1.3	7:00	5:57	
19	Tue	8:10	9.5	8:32	10.0	1:57	0.6	2:21	0.7	7:01	5:55	
20	Wed	9:03	10.2	9:28	10.4	2:50	0.2	3:17	0.0	7:02	5:54	
21	Thu	9:54	10.9	10:22	10.8	3:43	-0.3	4:11	-0.8	7:04	5:52	
22	Fri	10:44	11.6	11:14	11.1	4:33	-0.7	5:04	-1.5	7:05	5:51	
23	Sat	11:33	12.1			5:23	-1.0	5:55	-1.9	7:06	5:49	
24	Sun	12:06	11.2	12:23	12.3	6:13	-1.1	6:47	-2.0	7:07	5:48	
25	Mon	12:59	11.1	1:15	12.2	7:04	-1.0	7:40	-1.9	7:08	5:46	
26	Tue	1:53	10.9	2:08	11.9	7:57	-0.7	8:33	-1.5	7:10	5:45	
27	Wed	2:48	10.5	3:03	11.4	8:51	-0.3	9:28	-1.0	7:11	5:44	
28	Thu	3:46	10.0	4:02	10.8	9:47	0.2	10:26	-0.4	7:12	5:42	
29	Fri	4:47	9.7	5:04	10.2	10:47	0.7	11:27	0.1	7:13	5:41	
30	Sat	5:51	9.4	6:08	9.8	11:51	1.1			7:14	5:40	
31	Sun	5:53	9.3	6:12	9.5	12:29	0.5	11:55 AM	1.2	6:16	4:38	