

Quincy, (Nut Island), MA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:53	9.3	7:13	9.3	12:29	0.8	12:57	1.2	6:17	4:37	
2	Tue	7:48	9.4	8:10	9.3	1:26	0.9	1:56	1.0	6:18	4:36	
3	Wed	8:37	9.6	9:00	9.3	2:18	0.9	2:48	0.8	6:19	4:34	
4	Thu	9:20	9.8	9:45	9.4	3:03	0.9	3:33	0.5	6:21	4:33	
5	Fri	9:58	10.0	10:25	9.4	3:43	0.9	4:14	0.3	6:22	4:32	
6	Sat	10:35	10.1	11:04	9.3	4:21	0.9	4:52	0.2	6:23	4:31	
7	Sun	11:11	10.1	11:42	9.2	4:59	1.0	5:31	0.2	6:24	4:30	
8	Mon	11:48	10.1			5:37	1.1	6:09	0.3	6:26	4:29	
9	Tue	12:20	9.1	12:25	9.9	6:16	1.2	6:48	0.4	6:27	4:28	
10	Wed	12:59	8.9	1:04	9.8	6:56	1.3	7:28	0.5	6:28	4:26	
11	Thu	1:40	8.8	1:45	9.6	7:37	1.4	8:09	0.7	6:29	4:25	
12	Fri	2:22	8.7	2:28	9.5	8:21	1.6	8:54	0.8	6:31	4:24	
13	Sat	3:07	8.7	3:16	9.4	9:09	1.6	9:42	0.8	6:32	4:23	
14	Sun	3:56	8.8	4:09	9.3	10:01	1.5	10:34	0.8	6:33	4:23	
15	Mon	4:48	9.0	5:05	9.4	10:58	1.3	11:28	0.6	6:34	4:22	
16	Tue	5:42	9.4	6:03	9.6	11:55	0.9			6:36	4:21	
17	Wed	6:36	10.0	7:03	9.8	12:22	0.4	12:54	0.3	6:37	4:20	
18	Thu	7:31	10.6	8:02	10.1	1:18	0.1	1:52	-0.3	6:38	4:19	
19	Fri	8:26	11.3	9:00	10.4	2:13	-0.3	2:49	-1.0	6:39	4:18	
20	Sat	9:19	11.8	9:54	10.7	3:07	-0.6	3:44	-1.6	6:40	4:18	
21	Sun	10:11	12.2	10:48	10.8	4:00	-0.9	4:37	-1.9	6:42	4:17	
22	Mon	11:03	12.3	11:42	10.8	4:52	-1.0	5:29	-2.0	6:43	4:16	
23	Tue	11:56	12.2			5:44	-0.9	6:22	-1.9	6:44	4:16	
24	Wed	12:36	10.6	12:49	11.8	6:37	-0.6	7:14	-1.5	6:45	4:15	
25	Thu	1:31	10.4	1:44	11.3	7:31	-0.2	8:07	-1.0	6:46	4:15	
26	Fri	2:26	10.0	2:40	10.7	8:26	0.2	9:02	-0.4	6:47	4:14	
27	Sat	3:23	9.7	3:38	10.0	9:23	0.7	9:58	0.1	6:49	4:14	
28	Sun	4:22	9.4	4:38	9.5	10:24	1.1	10:55	0.6	6:50	4:13	
29	Mon	5:20	9.3	5:39	9.1	11:25	1.2	11:52	0.9	6:51	4:13	
30	Tue	6:16	9.2	6:38	8.9			12:25	1.3	6:52	4:12	