

Quincy, (Nut Island), MA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:31	9.1	3:47	9.2	9:42	1.1	10:06	0.5	7:12	4:22	
2	Mon	4:20	9.3	4:41	9.1	10:35	0.9	10:58	0.6	7:12	4:22	
3	Tue	5:11	9.6	5:38	9.0	11:32	0.7	11:52	0.5	7:12	4:23	
4	Wed	6:06	10.0	6:38	9.1			12:30	0.3	7:12	4:24	
5	Thu	7:02	10.4	7:39	9.3	12:49	0.3	1:30	-0.2	7:12	4:25	
6	Fri	8:01	10.9	8:40	9.7	1:47	0.1	2:29	-0.8	7:12	4:26	
7	Sat	8:58	11.4	9:37	10.1	2:45	-0.3	3:26	-1.3	7:12	4:27	
8	Sun	9:54	11.8	10:32	10.4	3:41	-0.7	4:21	-1.8	7:12	4:28	
9	Mon	10:48	12.0	11:26	10.7	4:36	-1.0	5:14	-2.0	7:12	4:29	
10	Tue	11:42	12.0			5:30	-1.1	6:06	-2.0	7:11	4:30	
11	Wed	12:20	10.8	12:36	11.8	6:23	-1.1	6:57	-1.8	7:11	4:31	
12	Thu	1:13	10.7	1:29	11.3	7:16	-0.9	7:48	-1.4	7:11	4:32	
13	Fri	2:05	10.5	2:23	10.8	8:10	-0.5	8:39	-0.9	7:11	4:34	
14	Sat	2:58	10.2	3:18	10.1	9:05	-0.1	9:31	-0.3	7:10	4:35	
15	Sun	3:53	9.9	4:15	9.5	10:02	0.4	10:25	0.3	7:10	4:36	
16	Mon	4:49	9.6	5:15	8.9	11:02	0.7	11:21	0.8	7:09	4:37	
17	Tue	5:44	9.4	6:14	8.5			12:02	0.9	7:09	4:38	
18	Wed	6:40	9.3	7:15	8.3	12:16	1.2	1:02	1.0	7:08	4:39	
19	Thu	7:35	9.3	8:13	8.3	1:11	1.4	2:00	0.9	7:08	4:41	
20	Fri	8:28	9.4	9:04	8.4	2:05	1.4	2:53	0.7	7:07	4:42	
21	Sat	9:15	9.6	9:49	8.6	2:54	1.3	3:38	0.5	7:06	4:43	
22	Sun	9:58	9.8	10:30	8.8	3:39	1.1	4:19	0.3	7:06	4:44	
23	Mon	10:37	9.9	11:08	8.9	4:21	0.9	4:56	0.1	7:05	4:46	
24	Tue	11:15	10.0	11:45	9.1	5:01	0.8	5:33	0.0	7:04	4:47	
25	Wed	11:52	10.0			5:40	0.6	6:10	-0.1	7:03	4:48	
26	Thu	12:22	9.2	12:30	10.0	6:20	0.5	6:47	-0.1	7:02	4:49	
27	Fri	12:58	9.3	1:08	9.9	7:00	0.5	7:25	-0.1	7:02	4:51	
28	Sat	1:35	9.4	1:48	9.8	7:41	0.4	8:05	0.0	7:01	4:52	
29	Sun	2:15	9.5	2:31	9.6	8:25	0.4	8:48	0.1	7:00	4:53	
30	Mon	2:58	9.7	3:19	9.4	9:13	0.4	9:35	0.2	6:59	4:55	
31	Tue	3:46	9.8	4:13	9.2	10:06	0.4	10:27	0.4	6:58	4:56	