

Quincy, (Nut Island), MA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:16	9.0	9:34	10.0	3:04	0.6	3:11	1.2	5:10	8:24	
2	Sun	10:09	8.9	10:21	10.1	3:58	0.5	4:01	1.3	5:11	8:24	
3	Mon	10:56	9.0	11:03	10.2	4:45	0.4	4:46	1.3	5:11	8:23	
4	Tue	11:39	9.0	11:44	10.2	5:27	0.3	5:29	1.2	5:12	8:23	
5	Wed			12:19	9.0	6:07	0.3	6:10	1.2	5:13	8:23	
6	Thu	12:24	10.2	12:59	9.1	6:46	0.3	6:51	1.2	5:13	8:23	
7	Fri	1:04	10.1	1:38	9.1	7:25	0.3	7:32	1.2	5:14	8:22	
8	Sat	1:43	10.0	2:17	9.1	8:03	0.4	8:14	1.2	5:15	8:22	
9	Sun	2:23	9.8	2:56	9.1	8:42	0.5	8:55	1.3	5:15	8:22	
10	Mon	3:03	9.6	3:35	9.2	9:22	0.6	9:39	1.3	5:16	8:21	
11	Tue	3:45	9.4	4:17	9.3	10:03	0.7	10:25	1.3	5:17	8:21	
12	Wed	4:31	9.3	5:02	9.4	10:48	0.8	11:15	1.2	5:18	8:20	
13	Thu	5:20	9.1	5:49	9.7	11:35	0.8			5:18	8:20	
14	Fri	6:13	9.1	6:40	10.0	12:08	1.0	12:26	0.8	5:19	8:19	
15	Sat	7:09	9.1	7:33	10.4	1:03	0.7	1:20	0.7	5:20	8:18	
16	Sun	8:07	9.3	8:29	10.8	2:00	0.3	2:16	0.5	5:21	8:18	
17	Mon	9:07	9.5	9:26	11.3	2:58	-0.2	3:14	0.2	5:22	8:17	
18	Tue	10:06	9.9	10:23	11.7	3:56	-0.8	4:11	-0.2	5:22	8:16	
19	Wed	11:02	10.3	11:18	12.0	4:51	-1.2	5:06	-0.5	5:23	8:16	
20	Thu	11:57	10.7			5:45	-1.6	6:01	-0.8	5:24	8:15	
21	Fri	12:13	12.1	12:51	10.9	6:38	-1.7	6:56	-0.9	5:25	8:14	
22	Sat	1:08	12.0	1:46	11.0	7:31	-1.7	7:51	-0.9	5:26	8:13	
23	Sun	2:03	11.7	2:39	11.0	8:22	-1.5	8:45	-0.7	5:27	8:12	
24	Mon	2:58	11.3	3:33	10.8	9:14	-1.1	9:41	-0.3	5:28	8:12	
25	Tue	3:54	10.7	4:28	10.5	10:07	-0.5	10:38	0.1	5:29	8:11	
26	Wed	4:51	10.1	5:24	10.3	11:01	0.1	11:37	0.4	5:30	8:10	
27	Thu	5:50	9.5	6:19	10.0	11:56	0.6			5:31	8:09	
28	Fri	6:50	9.1	7:15	9.8	12:37	0.7	12:51	1.1	5:32	8:08	
29	Sat	7:49	8.8	8:10	9.7	1:36	0.9	1:47	1.4	5:33	8:07	
30	Sun	8:48	8.6	9:04	9.7	2:35	0.9	2:41	1.5	5:34	8:06	
31	Mon	9:43	8.6	9:55	9.8	3:31	0.8	3:33	1.5	5:35	8:04	