

Quincy, (Nut Island), MA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:37	10.6	12:51	11.9	6:41	-0.9	7:15	-1.9	7:12	4:21	
2	Tue	1:30	10.6	1:46	11.5	7:35	-0.8	8:08	-1.6	7:12	4:22	
3	Wed	2:24	10.5	2:42	11.0	8:30	-0.6	9:02	-1.1	7:12	4:23	
4	Thu	3:21	10.4	3:42	10.4	9:29	-0.2	9:58	-0.6	7:12	4:24	
5	Fri	4:20	10.2	4:44	9.8	10:31	0.1	10:56	-0.1	7:12	4:25	
6	Sat	5:20	10.0	5:47	9.3	11:34	0.3	11:54	0.3	7:12	4:26	
7	Sun	6:19	9.9	6:50	9.0			12:37	0.4	7:12	4:27	
8	Mon	7:18	9.9	7:53	8.8	12:53	0.7	1:39	0.4	7:12	4:28	
9	Tue	8:14	9.9	8:51	8.8	1:50	0.9	2:38	0.3	7:12	4:29	
10	Wed	9:05	10.0	9:41	8.9	2:44	0.9	3:29	0.1	7:12	4:30	
11	Thu	9:50	10.1	10:25	9.0	3:32	0.9	4:14	0.0	7:11	4:31	
12	Fri	10:32	10.1	11:06	9.0	4:16	0.8	4:54	-0.1	7:11	4:32	
13	Sat	11:11	10.1	11:44	9.0	4:57	0.8	5:33	-0.1	7:11	4:33	
14	Sun	11:50	10.1			5:37	0.7	6:11	-0.1	7:10	4:34	
15	Mon	12:23	9.1	12:29	10.0	6:17	0.7	6:48	0.0	7:10	4:36	
16	Tue	1:00	9.0	1:08	9.8	6:58	0.8	7:26	0.2	7:09	4:37	
17	Wed	1:39	9.0	1:48	9.5	7:39	0.9	8:05	0.4	7:09	4:38	
18	Thu	2:17	9.0	2:29	9.2	8:21	1.0	8:45	0.6	7:08	4:39	
19	Fri	2:58	8.9	3:12	8.9	9:05	1.2	9:28	0.8	7:08	4:40	
20	Sat	3:42	9.0	4:00	8.7	9:53	1.2	10:15	0.9	7:07	4:42	
21	Sun	4:28	9.0	4:52	8.5	10:45	1.2	11:05	1.0	7:06	4:43	
22	Mon	5:18	9.2	5:47	8.5	11:40	1.0	11:58	1.0	7:06	4:44	
23	Tue	6:11	9.5	6:45	8.6			12:37	0.6	7:05	4:45	
24	Wed	7:07	9.9	7:45	8.9	12:54	0.8	1:35	0.1	7:04	4:47	
25	Thu	8:04	10.5	8:44	9.3	1:52	0.5	2:33	-0.5	7:03	4:48	
26	Fri	9:01	11.1	9:40	9.9	2:48	0.0	3:29	-1.1	7:03	4:49	
27	Sat	9:56	11.6	10:33	10.4	3:44	-0.5	4:22	-1.6	7:02	4:50	
28	Sun	10:49	11.9	11:25	10.7	4:37	-1.0	5:13	-2.0	7:01	4:52	
29	Mon	11:42	12.1			5:31	-1.3	6:05	-2.1	7:00	4:53	
30	Tue	12:18	11.0	12:36	11.9	6:24	-1.4	6:56	-2.0	6:59	4:54	
31	Wed	1:10	11.1	1:30	11.5	7:17	-1.3	7:46	-1.7	6:58	4:56	