

Quincy, (Nut Island), MA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:37	9.1	5:12	9.0	10:54	1.0	11:18	1.7	5:10	8:24	
2	Mon	5:27	8.9	5:59	9.1	11:41	1.2			5:11	8:24	
3	Tue	6:17	8.7	6:46	9.2	12:09	1.7	12:28	1.3	5:11	8:23	
4	Wed	7:08	8.6	7:33	9.4	1:00	1.5	1:17	1.4	5:12	8:23	
5	Thu	8:01	8.6	8:22	9.8	1:53	1.3	2:07	1.3	5:12	8:23	
6	Fri	8:55	8.8	9:12	10.2	2:45	0.9	2:59	1.1	5:13	8:23	
7	Sat	9:48	9.1	10:02	10.7	3:38	0.3	3:50	0.8	5:14	8:22	
8	Sun	10:39	9.5	10:51	11.2	4:28	-0.2	4:41	0.4	5:14	8:22	
9	Mon	11:29	9.9	11:41	11.6	5:18	-0.8	5:31	0.0	5:15	8:22	
10	Tue			12:19	10.2	6:08	-1.2	6:22	-0.3	5:16	8:21	
11	Wed	12:32	11.8	1:11	10.5	6:59	-1.4	7:15	-0.5	5:17	8:21	
12	Thu	1:25	11.8	2:03	10.7	7:50	-1.5	8:08	-0.6	5:17	8:20	
13	Fri	2:19	11.7	2:57	10.8	8:41	-1.4	9:03	-0.5	5:18	8:20	
14	Sat	3:14	11.3	3:51	10.8	9:34	-1.1	10:00	-0.4	5:19	8:19	
15	Sun	4:12	10.9	4:48	10.7	10:28	-0.7	10:59	-0.1	5:20	8:19	
16	Mon	5:12	10.3	5:46	10.6	11:24	-0.3			5:21	8:18	
17	Tue	6:13	9.8	6:45	10.5	12:01	0.1	12:22	0.2	5:21	8:17	
18	Wed	7:15	9.5	7:43	10.4	1:03	0.3	1:19	0.5	5:22	8:17	
19	Thu	8:18	9.2	8:41	10.3	2:05	0.3	2:17	0.8	5:23	8:16	
20	Fri	9:19	9.1	9:36	10.3	3:05	0.3	3:14	1.0	5:24	8:15	
21	Sat	10:14	9.1	10:26	10.3	4:01	0.2	4:06	1.0	5:25	8:14	
22	Sun	11:03	9.1	11:11	10.3	4:51	0.1	4:54	1.0	5:26	8:14	
23	Mon	11:47	9.2	11:54	10.3	5:35	0.1	5:39	1.0	5:27	8:13	
24	Tue			12:29	9.2	6:16	0.1	6:21	1.0	5:28	8:12	
25	Wed	12:35	10.3	1:09	9.2	6:56	0.1	7:03	1.0	5:29	8:11	
26	Thu	1:16	10.2	1:48	9.3	7:35	0.2	7:45	1.0	5:30	8:10	
27	Fri	1:56	10.0	2:27	9.3	8:14	0.4	8:26	1.1	5:31	8:09	
28	Sat	2:37	9.7	3:06	9.2	8:52	0.5	9:09	1.2	5:32	8:08	
29	Sun	3:18	9.5	3:46	9.2	9:32	0.7	9:53	1.3	5:33	8:07	
30	Mon	4:01	9.2	4:29	9.2	10:14	1.0	10:39	1.4	5:34	8:06	
31	Tue	4:47	8.9	5:14	9.3	10:59	1.1	11:29	1.4	5:35	8:05	