

Quincy, (Nut Island), MA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:36	8.7	6:01	9.4	11:47	1.3			5:36	8:04	
2	Thu	6:28	8.6	6:50	9.6	12:20	1.3	12:37	1.3	5:37	8:02	
3	Fri	7:22	8.6	7:42	9.9	1:14	1.1	1:30	1.2	5:38	8:01	
4	Sat	8:19	8.8	8:37	10.3	2:10	0.7	2:25	1.0	5:39	8:00	
5	Sun	9:16	9.2	9:33	10.8	3:06	0.2	3:21	0.6	5:40	7:59	
6	Mon	10:12	9.7	10:27	11.3	4:01	-0.4	4:16	0.1	5:41	7:58	
7	Tue	11:05	10.2	11:21	11.8	4:54	-0.9	5:09	-0.4	5:42	7:56	
8	Wed	11:57	10.6			5:46	-1.4	6:03	-0.8	5:43	7:55	
9	Thu	12:14	12.0	12:49	11.0	6:37	-1.6	6:56	-1.1	5:44	7:54	
10	Fri	1:08	12.0	1:42	11.2	7:28	-1.7	7:50	-1.2	5:45	7:52	
11	Sat	2:02	11.8	2:35	11.3	8:19	-1.5	8:45	-1.0	5:46	7:51	
12	Sun	2:57	11.3	3:28	11.1	9:11	-1.1	9:40	-0.7	5:47	7:50	
13	Mon	3:53	10.8	4:23	10.9	10:04	-0.6	10:38	-0.3	5:48	7:48	
14	Tue	4:52	10.2	5:21	10.6	11:00	0.0	11:39	0.1	5:49	7:47	
15	Wed	5:53	9.6	6:20	10.3	11:57	0.5			5:50	7:45	
16	Thu	6:56	9.2	7:19	10.0	12:41	0.4	12:56	0.9	5:51	7:44	
17	Fri	7:58	8.9	8:18	9.9	1:43	0.6	1:55	1.2	5:52	7:43	
18	Sat	8:59	8.8	9:15	9.9	2:44	0.6	2:53	1.3	5:53	7:41	
19	Sun	9:55	8.9	10:07	9.9	3:41	0.6	3:46	1.3	5:54	7:40	
20	Mon	10:42	9.0	10:52	10.0	4:31	0.5	4:34	1.2	5:55	7:38	
21	Tue	11:24	9.2	11:34	10.1	5:13	0.4	5:17	1.0	5:57	7:36	
22	Wed			12:03	9.3	5:52	0.4	5:58	0.8	5:58	7:35	
23	Thu	12:13	10.1	12:40	9.4	6:29	0.3	6:38	0.8	5:59	7:33	
24	Fri	12:51	10.0	1:17	9.5	7:05	0.4	7:18	0.7	6:00	7:32	
25	Sat	1:30	9.9	1:53	9.5	7:42	0.5	7:58	0.8	6:01	7:30	
26	Sun	2:08	9.7	2:30	9.5	8:19	0.6	8:38	0.9	6:02	7:29	
27	Mon	2:47	9.4	3:08	9.5	8:58	0.8	9:20	1.0	6:03	7:27	
28	Tue	3:28	9.2	3:48	9.5	9:38	1.0	10:04	1.0	6:04	7:25	
29	Wed	4:12	8.9	4:32	9.5	10:22	1.2	10:53	1.1	6:05	7:24	
30	Thu	5:01	8.8	5:21	9.5	11:10	1.3	11:45	1.0	6:06	7:22	
31	Fri	5:54	8.7	6:14	9.7			12:03	1.3	6:07	7:20	