

Quincy, (Nut Island), MA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:07	10.6	8:34	10.7	1:50	-0.3	2:21	-0.5	6:16	4:38	
2	Fri	9:02	11.2	9:30	10.9	2:46	-0.6	3:18	-1.0	6:17	4:37	
3	Sat	9:53	11.6	10:23	11.0	3:39	-0.8	4:12	-1.4	6:19	4:35	
4	Sun	10:42	11.8	11:14	10.9	4:29	-0.9	5:03	-1.5	6:20	4:34	
5	Mon	11:31	11.7			5:18	-0.7	5:52	-1.4	6:21	4:33	
6	Tue	12:05	10.7	12:19	11.4	6:07	-0.4	6:42	-1.2	6:22	4:32	
7	Wed	12:55	10.3	1:07	11.0	6:55	0.0	7:31	-0.7	6:23	4:31	
8	Thu	1:46	9.9	1:56	10.5	7:44	0.5	8:20	-0.2	6:25	4:29	
9	Fri	2:37	9.4	2:47	10.0	8:34	1.0	9:11	0.3	6:26	4:28	
10	Sat	3:31	9.0	3:41	9.5	9:27	1.5	10:06	0.8	6:27	4:27	
11	Sun	4:26	8.8	4:39	9.2	10:23	1.8	11:01	1.1	6:28	4:26	
12	Mon	5:22	8.6	5:36	8.9	11:21	1.9	11:55	1.3	6:30	4:25	
13	Tue	6:16	8.7	6:33	8.8			12:17	1.8	6:31	4:24	
14	Wed	7:08	8.9	7:28	8.9	12:48	1.3	1:12	1.6	6:32	4:23	
15	Thu	7:57	9.1	8:19	9.0	1:37	1.3	2:04	1.3	6:33	4:22	
16	Fri	8:41	9.5	9:05	9.1	2:24	1.2	2:52	0.9	6:35	4:21	
17	Sat	9:22	9.8	9:47	9.2	3:06	1.0	3:35	0.6	6:36	4:21	
18	Sun	10:00	10.1	10:27	9.4	3:47	0.8	4:15	0.2	6:37	4:20	
19	Mon	10:37	10.3	11:06	9.5	4:26	0.7	4:56	-0.1	6:38	4:19	
20	Tue	11:15	10.5	11:47	9.5	5:06	0.6	5:37	-0.3	6:40	4:18	
21	Wed	11:54	10.6			5:48	0.6	6:19	-0.4	6:41	4:17	
22	Thu	12:29	9.5	12:37	10.7	6:31	0.5	7:03	-0.5	6:42	4:17	
23	Fri	1:14	9.5	1:23	10.7	7:17	0.5	7:50	-0.5	6:43	4:16	
24	Sat	2:02	9.5	2:13	10.6	8:06	0.6	8:40	-0.4	6:44	4:16	
25	Sun	2:53	9.5	3:07	10.4	8:59	0.6	9:35	-0.2	6:45	4:15	
26	Mon	3:50	9.5	4:07	10.2	9:58	0.6	10:32	-0.1	6:47	4:14	
27	Tue	4:49	9.7	5:10	10.0	11:00	0.5	11:31	-0.1	6:48	4:14	
28	Wed	5:49	10.0	6:13	9.9			12:03	0.3	6:49	4:13	
29	Thu	6:49	10.3	7:17	9.9	12:30	-0.1	1:05	0.0	6:50	4:13	
30	Fri	7:48	10.7	8:19	10.0	1:28	-0.1	2:06	-0.4	6:51	4:13	