

Quincy, (Nut Island), MA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:09	10.8	10:45	9.5	3:52	0.2	4:33	-0.7	7:12	4:21	
2	Wed	10:54	10.7	11:31	9.5	4:40	0.3	5:18	-0.7	7:12	4:22	
3	Thu	11:38	10.6			5:25	0.4	6:02	-0.6	7:12	4:23	
4	Fri	12:15	9.4	12:22	10.4	6:09	0.5	6:45	-0.4	7:12	4:24	
5	Sat	12:58	9.3	1:05	10.1	6:53	0.7	7:26	-0.1	7:12	4:25	
6	Sun	1:40	9.1	1:48	9.8	7:37	0.9	8:08	0.2	7:12	4:26	
7	Mon	2:23	8.9	2:33	9.4	8:22	1.1	8:51	0.6	7:12	4:27	
8	Tue	3:07	8.8	3:20	9.0	9:09	1.3	9:37	0.9	7:12	4:28	
9	Wed	3:54	8.7	4:10	8.6	9:59	1.5	10:24	1.2	7:12	4:29	
10	Thu	4:42	8.7	5:02	8.3	10:52	1.6	11:13	1.4	7:12	4:30	
11	Fri	5:31	8.7	5:55	8.1	11:45	1.6			7:11	4:31	
12	Sat	6:21	8.9	6:50	8.1	12:03	1.5	12:39	1.4	7:11	4:32	
13	Sun	7:11	9.1	7:45	8.2	12:54	1.5	1:33	1.1	7:11	4:33	
14	Mon	8:01	9.5	8:37	8.5	1:46	1.3	2:25	0.6	7:10	4:34	
15	Tue	8:50	10.0	9:27	8.9	2:36	1.0	3:15	0.0	7:10	4:35	
16	Wed	9:37	10.5	10:14	9.4	3:26	0.6	4:02	-0.6	7:09	4:36	
17	Thu	10:24	11.0	11:01	9.8	4:14	0.1	4:50	-1.1	7:09	4:38	
18	Fri	11:11	11.4	11:48	10.1	5:02	-0.3	5:37	-1.4	7:08	4:39	
19	Sat			12:01	11.6	5:51	-0.6	6:25	-1.6	7:08	4:40	
20	Sun	12:37	10.4	12:52	11.6	6:42	-0.8	7:14	-1.6	7:07	4:41	
21	Mon	1:27	10.5	1:44	11.3	7:34	-0.9	8:04	-1.5	7:07	4:43	
22	Tue	2:18	10.6	2:38	10.9	8:28	-0.7	8:56	-1.1	7:06	4:44	
23	Wed	3:12	10.5	3:36	10.3	9:25	-0.5	9:50	-0.6	7:05	4:45	
24	Thu	4:09	10.4	4:37	9.8	10:25	-0.2	10:48	-0.2	7:04	4:46	
25	Fri	5:09	10.3	5:40	9.3	11:28	0.0	11:47	0.3	7:04	4:48	
26	Sat	6:09	10.1	6:45	9.0			12:32	0.1	7:03	4:49	
27	Sun	7:11	10.0	7:51	8.9	12:47	0.6	1:36	0.1	7:02	4:50	
28	Mon	8:11	10.0	8:52	8.9	1:47	0.7	2:37	0.0	7:01	4:51	
29	Tue	9:06	10.1	9:45	9.0	2:45	0.7	3:31	-0.1	7:00	4:53	
30	Wed	9:55	10.2	10:31	9.2	3:37	0.7	4:19	-0.3	6:59	4:54	
31	Thu	10:40	10.3	11:14	9.2	4:23	0.6	5:02	-0.3	6:58	4:55	