

Quincy, (Nut Island), MA - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:46	11.0	2:25	9.8	8:12	-0.7	8:27	0.3	5:11	8:24	
2	Wed	2:35	11.0	3:13	10.0	9:00	-0.7	9:19	0.3	5:11	8:24	
3	Thu	3:27	10.8	4:04	10.2	9:50	-0.6	10:13	0.2	5:12	8:23	
4	Fri	4:22	10.6	4:59	10.3	10:42	-0.4	11:12	0.2	5:12	8:23	
5	Sat	5:21	10.3	5:55	10.5	11:37	-0.2			5:13	8:23	
6	Sun	6:21	10.0	6:53	10.7	12:12	0.1	12:34	0.0	5:14	8:23	
7	Mon	7:23	9.7	7:51	10.8	1:13	0.0	1:31	0.1	5:14	8:22	
8	Tue	8:26	9.6	8:50	10.9	2:15	-0.1	2:30	0.3	5:15	8:22	
9	Wed	9:28	9.6	9:47	11.0	3:15	-0.3	3:27	0.3	5:16	8:21	
10	Thu	10:25	9.7	10:40	11.1	4:13	-0.5	4:22	0.3	5:16	8:21	
11	Fri	11:19	9.7	11:30	11.0	5:06	-0.6	5:14	0.4	5:17	8:20	
12	Sat			12:09	9.7	5:55	-0.6	6:03	0.4	5:18	8:20	
13	Sun	12:18	10.9	12:56	9.7	6:42	-0.6	6:51	0.5	5:19	8:19	
14	Mon	1:04	10.7	1:42	9.6	7:28	-0.4	7:37	0.7	5:20	8:19	
15	Tue	1:50	10.5	2:26	9.5	8:11	-0.1	8:23	0.9	5:20	8:18	
16	Wed	2:35	10.2	3:10	9.4	8:54	0.2	9:09	1.1	5:21	8:17	
17	Thu	3:20	9.8	3:54	9.3	9:38	0.5	9:56	1.3	5:22	8:17	
18	Fri	4:07	9.4	4:40	9.2	10:22	0.8	10:45	1.5	5:23	8:16	
19	Sat	4:56	9.0	5:27	9.1	11:09	1.2	11:37	1.6	5:24	8:15	
20	Sun	5:47	8.7	6:15	9.1	11:57	1.4			5:25	8:15	
21	Mon	6:40	8.4	7:04	9.2	12:29	1.6	12:45	1.6	5:26	8:14	
22	Tue	7:32	8.3	7:53	9.3	1:22	1.6	1:35	1.7	5:27	8:13	
23	Wed	8:26	8.3	8:42	9.5	2:14	1.4	2:26	1.7	5:28	8:12	
24	Thu	9:19	8.5	9:31	9.8	3:06	1.1	3:16	1.5	5:28	8:11	
25	Fri	10:08	8.7	10:18	10.2	3:56	0.7	4:06	1.2	5:29	8:10	
26	Sat	10:55	9.1	11:04	10.6	4:43	0.2	4:53	0.8	5:30	8:09	
27	Sun	11:40	9.5	11:50	11.0	5:29	-0.3	5:40	0.4	5:31	8:08	
28	Mon			12:26	9.8	6:15	-0.7	6:28	0.1	5:32	8:07	
29	Tue	12:38	11.3	1:13	10.2	7:02	-1.0	7:18	-0.2	5:33	8:06	
30	Wed	1:27	11.4	2:02	10.5	7:50	-1.1	8:09	-0.4	5:34	8:05	
31	Thu	2:18	11.3	2:51	10.7	8:38	-1.1	9:01	-0.5	5:35	8:04	