

Quincy, (Nut Island), MA - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:11	11.1	3:43	10.8	9:28	-0.9	9:56	-0.4	5:36	8:03	
2	Sat	4:06	10.7	4:37	10.8	10:21	-0.6	10:54	-0.3	5:37	8:02	
3	Sun	5:05	10.2	5:35	10.7	11:16	-0.2	11:55	-0.1	5:38	8:00	
4	Mon	6:06	9.8	6:34	10.6			12:14	0.2	5:39	7:59	
5	Tue	7:09	9.4	7:34	10.5	12:57	0.0	1:13	0.5	5:40	7:58	
6	Wed	8:13	9.3	8:34	10.5	1:59	0.1	2:12	0.7	5:42	7:57	
7	Thu	9:16	9.2	9:33	10.5	3:01	0.1	3:12	0.8	5:43	7:55	
8	Fri	10:14	9.3	10:27	10.5	3:59	0.0	4:08	0.7	5:44	7:54	
9	Sat	11:05	9.4	11:16	10.6	4:52	-0.1	4:59	0.7	5:45	7:53	
10	Sun	11:51	9.5			5:38	-0.2	5:46	0.6	5:46	7:51	
11	Mon	12:01	10.5	12:34	9.6	6:22	-0.2	6:30	0.6	5:47	7:50	
12	Tue	12:44	10.4	1:15	9.6	7:03	-0.1	7:13	0.6	5:48	7:49	
13	Wed	1:26	10.3	1:55	9.5	7:43	0.1	7:56	0.7	5:49	7:47	
14	Thu	2:08	10.0	2:35	9.5	8:22	0.4	8:39	0.8	5:50	7:46	
15	Fri	2:50	9.7	3:15	9.4	9:02	0.6	9:22	1.0	5:51	7:44	
16	Sat	3:33	9.3	3:57	9.3	9:43	0.9	10:08	1.2	5:52	7:43	
17	Sun	4:18	8.9	4:42	9.2	10:27	1.3	10:56	1.4	5:53	7:41	
18	Mon	5:07	8.6	5:29	9.1	11:14	1.5	11:47	1.5	5:54	7:40	
19	Tue	5:58	8.3	6:18	9.1			12:03	1.7	5:55	7:38	
20	Wed	6:51	8.2	7:09	9.2	12:39	1.5	12:54	1.8	5:56	7:37	
21	Thu	7:45	8.3	8:01	9.4	1:33	1.4	1:47	1.7	5:57	7:35	
22	Fri	8:40	8.5	8:55	9.8	2:27	1.1	2:41	1.4	5:58	7:34	
23	Sat	9:33	8.9	9:47	10.3	3:21	0.6	3:35	1.0	5:59	7:32	
24	Sun	10:24	9.4	10:37	10.9	4:12	0.0	4:26	0.4	6:01	7:31	
25	Mon	11:12	10.0	11:27	11.3	5:01	-0.5	5:16	-0.1	6:02	7:29	
26	Tue	11:59	10.5			5:49	-1.0	6:06	-0.7	6:03	7:27	
27	Wed	12:17	11.6	12:48	10.9	6:37	-1.3	6:57	-1.0	6:04	7:26	
28	Thu	1:08	11.7	1:37	11.2	7:26	-1.4	7:49	-1.2	6:05	7:24	
29	Fri	2:00	11.5	2:28	11.4	8:15	-1.3	8:42	-1.2	6:06	7:22	
30	Sat	2:54	11.2	3:20	11.3	9:05	-1.0	9:37	-0.9	6:07	7:21	
31	Sun	3:49	10.6	4:15	11.1	9:58	-0.5	10:35	-0.6	6:08	7:19	