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# Quincy, (Nut Island), MA - Jul 1981

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 11:29 | 10.3 | 11:42 | 11.9 | 5:17 | -1.3 | 5:29 | -0.3 | 5:11 | 8:24 | |
| 2 | Thu | | | 12:23 | 10.3 | 6:10 | -1.4 | 6:22 | -0.2 | 5:11 | 8:24 | |
| 3 | Fri | 12:35 | 11.7 | 1:17 | 10.3 | 7:03 | -1.3 | 7:15 | -0.1 | 5:12 | 8:23 | |
| 4 | Sat | 1:28 | 11.5 | 2:10 | 10.2 | 7:54 | -1.1 | 8:07 | 0.2 | 5:12 | 8:23 | |
| 5 | Sun | 2:21 | 11.1 | 3:02 | 10.0 | 8:44 | -0.7 | 8:59 | 0.5 | 5:13 | 8:23 | |
| 6 | Mon | 3:13 | 10.6 | 3:53 | 9.7 | 9:34 | -0.3 | 9:52 | 0.9 | 5:13 | 8:23 | |
| 7 | Tue | 4:05 | 10.1 | 4:44 | 9.5 | 10:24 | 0.2 | 10:46 | 1.2 | 5:14 | 8:22 | |
| 8 | Wed | 4:59 | 9.6 | 5:36 | 9.4 | 11:15 | 0.7 | 11:42 | 1.4 | 5:15 | 8:22 | |
| 9 | Thu | 5:55 | 9.1 | 6:27 | 9.3 | | | 12:06 | 1.1 | 5:16 | 8:21 | |
| 10 | Fri | 6:50 | 8.8 | 7:17 | 9.3 | 12:37 | 1.5 | 12:57 | 1.4 | 5:16 | 8:21 | |
| 11 | Sat | 7:45 | 8.5 | 8:07 | 9.3 | 1:33 | 1.5 | 1:47 | 1.6 | 5:17 | 8:21 | |
| 12 | Sun | 8:41 | 8.4 | 8:57 | 9.4 | 2:28 | 1.4 | 2:37 | 1.7 | 5:18 | 8:20 | |
| 13 | Mon | 9:34 | 8.4 | 9:45 | 9.6 | 3:20 | 1.2 | 3:26 | 1.7 | 5:19 | 8:19 | |
| 14 | Tue | 10:22 | 8.5 | 10:29 | 9.8 | 4:08 | 1.0 | 4:12 | 1.6 | 5:19 | 8:19 | |
| 15 | Wed | 11:06 | 8.6 | 11:10 | 10.0 | 4:52 | 0.7 | 4:56 | 1.5 | 5:20 | 8:18 | |
| 16 | Thu | 11:47 | 8.8 | 11:50 | 10.1 | 5:33 | 0.5 | 5:39 | 1.3 | 5:21 | 8:18 | |
| 17 | Fri | | | 12:27 | 8.9 | 6:13 | 0.3 | 6:21 | 1.1 | 5:22 | 8:17 | |
| 18 | Sat | 12:31 | 10.3 | 1:07 | 9.1 | 6:54 | 0.1 | 7:03 | 1.0 | 5:23 | 8:16 | |
| 19 | Sun | 1:12 | 10.4 | 1:47 | 9.3 | 7:35 | -0.1 | 7:47 | 0.8 | 5:24 | 8:16 | |
| 20 | Mon | 1:54 | 10.4 | 2:29 | 9.5 | 8:17 | -0.2 | 8:32 | 0.6 | 5:25 | 8:15 | |
| 21 | Tue | 2:39 | 10.5 | 3:13 | 9.8 | 9:00 | -0.2 | 9:20 | 0.5 | 5:25 | 8:14 | |
| 22 | Wed | 3:27 | 10.4 | 3:59 | 10.0 | 9:47 | -0.2 | 10:11 | 0.4 | 5:26 | 8:13 | |
| 23 | Thu | 4:18 | 10.2 | 4:50 | 10.2 | 10:36 | -0.1 | 11:07 | 0.3 | 5:27 | 8:12 | |
| 24 | Fri | 5:14 | 9.9 | 5:44 | 10.5 | 11:29 | 0.0 | | | 5:28 | 8:11 | |
| 25 | Sat | 6:13 | 9.7 | 6:40 | 10.7 | 12:05 | 0.1 | 12:24 | 0.2 | 5:29 | 8:10 | |
| 26 | Sun | 7:14 | 9.6 | 7:38 | 10.8 | 1:05 | 0.0 | 1:22 | 0.3 | 5:30 | 8:09 | |
| 27 | Mon | 8:17 | 9.5 | 8:38 | 11.0 | 2:07 | -0.2 | 2:21 | 0.3 | 5:31 | 8:08 | |
| 28 | Tue | 9:20 | 9.6 | 9:38 | 11.2 | 3:08 | -0.4 | 3:21 | 0.2 | 5:32 | 8:07 | |
| 29 | Wed | 10:19 | 9.8 | 10:35 | 11.3 | 4:07 | -0.7 | 4:19 | 0.1 | 5:33 | 8:06 | |
| 30 | Thu | 11:15 | 9.9 | 11:29 | 11.4 | 5:02 | -0.9 | 5:13 | 0.0 | 5:34 | 8:05 | |
| 31 | Fri | | | 12:08 | 10.1 | 5:54 | -1.0 | 6:06 | 0.0 | 5:35 | 8:04 | |