

































Quincy, (Nut Island), MA - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:39	8.7	6:07	7.8	11:56	1.7			7:12	4:22	
2	Mon	6:28	8.8	7:02	7.7	12:08	1.9	12:50	1.6	7:12	4:23	
3	Tue	7:17	9.0	7:57	7.8	12:59	2.0	1:44	1.3	7:12	4:24	
4	Wed	8:07	9.2	8:50	8.0	1:51	1.9	2:36	0.9	7:12	4:25	
5	Thu	8:55	9.6	9:37	8.3	2:41	1.6	3:24	0.4	7:12	4:25	
6	Fri	9:41	10.1	10:22	8.7	3:29	1.3	4:10	-0.1	7:12	4:26	
7	Sat	10:27	10.5	11:07	9.0	4:16	0.9	4:55	-0.5	7:12	4:27	
8	Sun	11:13	10.9	11:52	9.4	5:02	0.5	5:41	-0.9	7:12	4:29	
9	Mon			12:01	11.1	5:50	0.1	6:27	-1.1	7:12	4:30	
10	Tue	12:38	9.7	12:50	11.2	6:39	-0.2	7:14	-1.2	7:11	4:31	
11	Wed	1:26	10.0	1:40	11.0	7:30	-0.4	8:01	-1.0	7:11	4:32	
12	Thu	2:14	10.2	2:33	10.6	8:23	-0.4	8:50	-0.8	7:11	4:33	
13	Fri	3:06	10.3	3:29	10.0	9:19	-0.3	9:42	-0.3	7:10	4:34	
14	Sat	4:00	10.4	4:28	9.5	10:19	-0.1	10:37	0.1	7:10	4:35	
15	Sun	4:57	10.3	5:31	9.0	11:21	0.1	11:35	0.6	7:09	4:36	
16	Mon	5:56	10.2	6:36	8.6			12:25	0.2	7:09	4:37	
17	Tue	6:57	10.1	7:43	8.5	12:35	0.9	1:29	0.2	7:08	4:39	
18	Wed	7:59	10.0	8:47	8.5	1:37	1.1	2:33	0.1	7:08	4:40	
19	Thu	8:58	10.1	9:43	8.7	2:37	1.1	3:30	0.0	7:07	4:41	
20	Fri	9:51	10.2	10:32	8.8	3:32	1.0	4:20	-0.1	7:07	4:42	
21	Sat	10:38	10.2	11:17	8.9	4:22	0.9	5:05	-0.2	7:06	4:44	
22	Sun	11:23	10.2	11:58	9.0	5:07	0.8	5:47	-0.2	7:05	4:45	
23	Mon			12:05	10.1	5:51	0.7	6:27	-0.1	7:05	4:46	
24	Tue	12:38	9.0	12:46	10.0	6:33	0.7	7:05	0.1	7:04	4:47	
25	Wed	1:16	9.0	1:26	9.6	7:15	0.8	7:42	0.4	7:03	4:49	
26	Thu	1:54	9.0	2:07	9.3	7:57	0.9	8:20	0.7	7:02	4:50	
27	Fri	2:33	9.0	2:50	8.8	8:41	1.1	9:00	1.0	7:01	4:51	
28	Sat	3:15	8.9	3:36	8.3	9:27	1.3	9:43	1.4	7:00	4:52	
29	Sun	3:59	8.8	4:26	7.9	10:17	1.5	10:30	1.7	6:59	4:54	
30	Mon	4:46	8.7	5:19	7.6	11:09	1.6	11:21	2.0	6:58	4:55	
31	Tue	5:37	8.7	6:16	7.5			12:04	1.6	6:57	4:56	