

































Quincy, (Nut Island), MA - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:19	9.3	10:30	11.1	4:07	-0.4	4:14	0.7	5:11	8:24	
2	Sun	11:14	9.4	11:23	11.1	5:02	-0.5	5:08	0.7	5:11	8:24	
3	Mon			12:07	9.4	5:54	-0.6	6:00	0.7	5:12	8:23	
4	Tue	12:14	10.9	12:57	9.4	6:44	-0.5	6:50	0.8	5:12	8:23	
5	Wed	1:04	10.8	1:46	9.4	7:31	-0.3	7:38	0.9	5:13	8:23	
6	Thu	1:52	10.5	2:32	9.3	8:17	-0.1	8:26	1.1	5:14	8:23	
7	Fri	2:39	10.2	3:16	9.2	9:01	0.3	9:13	1.2	5:14	8:22	
8	Sat	3:26	9.7	4:01	9.1	9:44	0.6	10:02	1.4	5:15	8:22	
9	Sun	4:14	9.3	4:46	9.1	10:28	1.0	10:53	1.6	5:16	8:21	
10	Mon	5:04	8.8	5:33	9.1	11:14	1.4	11:45	1.7	5:16	8:21	
11	Tue	5:56	8.4	6:20	9.1			12:01	1.7	5:17	8:21	
12	Wed	6:49	8.1	7:09	9.1	12:39	1.7	12:49	2.0	5:18	8:20	
13	Thu	7:43	7.9	7:58	9.1	1:32	1.7	1:39	2.2	5:19	8:19	
14	Fri	8:39	7.8	8:49	9.3	2:26	1.6	2:31	2.2	5:19	8:19	
15	Sat	9:32	8.0	9:38	9.5	3:18	1.4	3:22	2.1	5:20	8:18	
16	Sun	10:21	8.2	10:25	9.8	4:08	1.0	4:11	1.8	5:21	8:18	
17	Mon	11:07	8.5	11:10	10.2	4:54	0.6	4:58	1.5	5:22	8:17	
18	Tue	11:50	8.8	11:55	10.6	5:38	0.2	5:44	1.1	5:23	8:16	
19	Wed			12:34	9.2	6:22	-0.1	6:30	0.7	5:24	8:15	
20	Thu	12:41	10.8	1:18	9.5	7:07	-0.4	7:18	0.4	5:25	8:15	
21	Fri	1:28	11.0	2:03	9.9	7:51	-0.6	8:07	0.1	5:26	8:14	
22	Sat	2:17	10.9	2:50	10.3	8:37	-0.6	8:58	-0.1	5:26	8:13	
23	Sun	3:07	10.7	3:38	10.5	9:24	-0.5	9:51	-0.1	5:27	8:12	
24	Mon	4:00	10.3	4:29	10.7	10:13	-0.2	10:48	-0.1	5:28	8:11	
25	Tue	4:57	9.8	5:23	10.7	11:06	0.1	11:48	0.0	5:29	8:10	
26	Wed	5:57	9.4	6:20	10.7			12:02	0.5	5:30	8:09	
27	Thu	6:59	9.0	7:19	10.6	12:49	0.1	1:00	0.8	5:31	8:08	
28	Fri	8:03	8.8	8:21	10.5	1:52	0.2	2:00	1.1	5:32	8:07	
29	Sat	9:08	8.8	9:23	10.4	2:55	0.2	3:02	1.1	5:33	8:06	
30	Sun	10:09	8.9	10:21	10.5	3:56	0.1	4:01	1.1	5:34	8:05	
31	Mon	11:04	9.1	11:13	10.5	4:51	0.0	4:55	1.0	5:35	8:04	