US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**10:19**	9.3	**10:30**	11.1	**4:07**	-0.4	**4:14**	0.7	5:11	8:24	
2	Sun	**11:14**	9.4	**11:23**	11.1	**5:02**	-0.5	**5:08**	0.7	5:11	8:24	
3	Mon			**12:07**	9.4	**5:54**	-0.6	**6:00**	0.7	5:12	8:23	
4	Tue	**12:14**	10.9	**12:57**	9.4	**6:44**	-0.5	**6:50**	0.8	5:12	8:23	
5	Wed	**1:04**	10.8	**1:46**	9.4	**7:31**	-0.3	**7:38**	0.9	5:13	8:23	
6	Thu	**1:52**	10.5	**2:32**	9.3	**8:17**	-0.1	**8:26**	1.1	5:14	8:23	
7	Fri	**2:39**	10.2	**3:16**	9.2	**9:01**	0.3	**9:13**	1.2	5:14	8:22	
8	Sat	**3:26**	9.7	**4:01**	9.1	**9:44**	0.6	**10:02**	1.4	5:15	8:22	
9	Sun	**4:14**	9.3	**4:46**	9.1	**10:28**	1.0	**10:53**	1.6	5:16	8:21	
10	Mon	**5:04**	8.8	**5:33**	9.1	**11:14**	1.4	**11:45**	1.7	5:16	8:21	
11	Tue	**5:56**	8.4	**6:20**	9.1			**12:01**	1.7	5:17	8:21	
12	Wed	**6:49**	8.1	**7:09**	9.1	**12:39**	1.7	**12:49**	2.0	5:18	8:20	
13	Thu	**7:43**	7.9	**7:58**	9.1	**1:32**	1.7	**1:39**	2.2	5:19	8:19	
14	Fri	**8:39**	7.8	**8:49**	9.3	**2:26**	1.6	**2:31**	2.2	5:19	8:19	
15	Sat	**9:32**	8.0	**9:38**	9.5	**3:18**	1.4	**3:22**	2.1	5:20	8:18	
16	Sun	**10:21**	8.2	**10:25**	9.8	**4:08**	1.0	**4:11**	1.8	5:21	8:18	
17	Mon	**11:07**	8.5	**11:10**	10.2	**4:54**	0.6	**4:58**	1.5	5:22	8:17	
18	Tue	**11:50**	8.8	**11:55**	10.6	**5:38**	0.2	**5:44**	1.1	5:23	8:16	
19	Wed			**12:34**	9.2	**6:22**	-0.1	**6:30**	0.7	5:24	8:15	
20	Thu	**12:41**	10.8	**1:18**	9.5	**7:07**	-0.4	**7:18**	0.4	5:25	8:15	
21	Fri	**1:28**	11.0	**2:03**	9.9	**7:51**	-0.6	**8:07**	0.1	5:26	8:14	
22	Sat	**2:17**	10.9	**2:50**	10.3	**8:37**	-0.6	**8:58**	-0.1	5:26	8:13	
23	Sun	**3:07**	10.7	**3:38**	10.5	**9:24**	-0.5	**9:51**	-0.1	5:27	8:12	
24	Mon	**4:00**	10.3	**4:29**	10.7	**10:13**	-0.2	**10:48**	-0.1	5:28	8:11	
25	Tue	**4:57**	9.8	**5:23**	10.7	**11:06**	0.1	**11:48**	0.0	5:29	8:10	
26	Wed	**5:57**	9.4	**6:20**	10.7			**12:02**	0.5	5:30	8:09	
27	Thu	**6:59**	9.0	**7:19**	10.6	**12:49**	0.1	**1:00**	0.8	5:31	8:08	
28	Fri	**8:03**	8.8	**8:21**	10.5	**1:52**	0.2	**2:00**	1.1	5:32	8:07	
29	Sat	**9:08**	8.8	**9:23**	10.4	**2:55**	0.2	**3:02**	1.1	5:33	8:06	
30	Sun	**10:09**	8.9	**10:21**	10.5	**3:56**	0.1	**4:01**	1.1	5:34	8:05	
31	Mon	**11:04**	9.1	**11:13**	10.5	**4:51**	0.0	**4:55**	1.0	5:35	8:04	