

































Quincy, (Nut Island), MA - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:53	9.2			5:40	-0.1	5:45	0.9	5:36	8:03	
2	Wed	12:01	10.5	12:38	9.3	6:26	-0.1	6:31	0.8	5:37	8:02	
3	Thu	12:46	10.4	1:20	9.4	7:08	0.0	7:16	0.8	5:38	8:01	
4	Fri	1:29	10.2	2:01	9.4	7:48	0.2	8:00	0.8	5:39	7:59	
5	Sat	2:12	9.9	2:40	9.4	8:27	0.5	8:43	1.0	5:40	7:58	
6	Sun	2:54	9.5	3:20	9.3	9:06	0.8	9:28	1.1	5:41	7:57	
7	Mon	3:38	9.1	4:01	9.3	9:46	1.2	10:14	1.3	5:42	7:56	
8	Tue	4:24	8.6	4:45	9.1	10:29	1.5	11:03	1.6	5:43	7:54	
9	Wed	5:14	8.2	5:32	9.0	11:16	1.9	11:55	1.7	5:45	7:53	
10	Thu	6:06	7.9	6:22	8.9			12:05	2.2	5:46	7:52	
11	Fri	7:01	7.7	7:14	8.9	12:49	1.8	12:58	2.3	5:47	7:50	
12	Sat	7:57	7.7	8:08	9.1	1:44	1.7	1:52	2.3	5:48	7:49	
13	Sun	8:53	7.9	9:03	9.5	2:39	1.5	2:47	2.1	5:49	7:47	
14	Mon	9:46	8.2	9:55	9.9	3:33	1.1	3:40	1.6	5:50	7:46	
15	Tue	10:35	8.7	10:44	10.5	4:22	0.5	4:30	1.1	5:51	7:45	
16	Wed	11:20	9.3	11:31	10.9	5:09	0.0	5:19	0.5	5:52	7:43	
17	Thu			12:04	9.8	5:54	-0.5	6:07	-0.1	5:53	7:42	
18	Fri	12:19	11.2	12:49	10.4	6:39	-0.8	6:57	-0.5	5:54	7:40	
19	Sat	1:07	11.3	1:36	10.8	7:25	-0.9	7:47	-0.8	5:55	7:39	
20	Sun	1:57	11.1	2:23	11.1	8:11	-0.9	8:39	-0.9	5:56	7:37	
21	Mon	2:49	10.8	3:12	11.2	8:58	-0.6	9:32	-0.7	5:57	7:36	
22	Tue	3:42	10.2	4:04	11.1	9:49	-0.1	10:29	-0.4	5:58	7:34	
23	Wed	4:40	9.7	5:01	10.8	10:43	0.4	11:29	-0.1	5:59	7:32	
24	Thu	5:42	9.1	6:01	10.4	11:42	0.9			6:00	7:31	
25	Fri	6:47	8.8	7:05	10.1	12:33	0.3	12:44	1.2	6:01	7:29	
26	Sat	7:53	8.6	8:11	10.0	1:38	0.5	1:48	1.4	6:02	7:28	
27	Sun	9:00	8.6	9:15	10.0	2:44	0.6	2:51	1.4	6:03	7:26	
28	Mon	9:59	8.8	10:12	10.1	3:45	0.5	3:51	1.3	6:05	7:24	
29	Tue	10:50	9.1	11:01	10.2	4:38	0.4	4:43	1.0	6:06	7:23	
30	Wed	11:33	9.3	11:44	10.2	5:22	0.3	5:29	0.8	6:07	7:21	
31	Thu			12:13	9.4	6:02	0.3	6:11	0.7	6:08	7:19	