

































Quincy, (Nut Island), MA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:37	11.1	2:08	10.2	7:59	-1.1	8:15	-0.4	6:19	5:33	
2	Fri	2:26	11.0	3:02	9.7	8:52	-0.8	9:06	0.1	6:17	5:34	
3	Sat	3:20	10.7	4:01	9.1	9:50	-0.4	10:04	0.6	6:15	5:35	
4	Sun	4:20	10.3	5:06	8.6	10:53	0.1	11:07	1.0	6:14	5:36	
5	Mon	5:26	9.9	6:15	8.4	11:59	0.4			6:12	5:38	
6	Tue	6:35	9.7	7:25	8.5	12:13	1.3	1:07	0.5	6:10	5:39	
7	Wed	7:44	9.7	8:31	8.7	1:21	1.3	2:14	0.4	6:09	5:40	
8	Thu	8:48	9.9	9:27	9.1	2:26	1.0	3:12	0.2	6:07	5:41	
9	Fri	9:42	10.0	10:14	9.4	3:23	0.7	4:01	0.0	6:05	5:42	
10	Sat	10:28	10.2	10:55	9.7	4:12	0.4	4:43	-0.1	6:04	5:44	
11	Sun	11:11	10.1	11:33	9.9	4:56	0.1	5:22	0.0	6:02	5:45	
12	Mon	11:51	10.0			5:38	0.0	5:59	0.1	6:00	5:46	
13	Tue	12:09	9.9	12:30	9.8	6:18	0.0	6:35	0.4	5:59	5:47	
14	Wed	12:45	9.9	1:10	9.4	6:58	0.1	7:12	0.7	5:57	5:48	
15	Thu	1:22	9.8	1:50	9.0	7:39	0.3	7:51	1.1	5:55	5:49	
16	Fri	2:01	9.6	2:32	8.6	8:21	0.7	8:32	1.5	5:53	5:51	
17	Sat	2:42	9.3	3:18	8.2	9:05	1.0	9:17	1.8	5:52	5:52	
18	Sun	3:29	9.0	4:08	7.8	9:54	1.4	10:07	2.1	5:50	5:53	
19	Mon	4:20	8.7	5:03	7.6	10:48	1.6	11:01	2.3	5:48	5:54	
20	Tue	5:16	8.6	6:00	7.6	11:44	1.7	11:58	2.3	5:46	5:55	
21	Wed	6:13	8.7	6:57	7.8			12:40	1.6	5:45	5:56	
22	Thu	7:10	9.0	7:51	8.3	12:55	2.0	1:35	1.2	5:43	5:57	
23	Fri	8:05	9.5	8:41	8.9	1:51	1.5	2:27	0.7	5:41	5:59	
24	Sat	8:57	10.0	9:27	9.7	2:44	0.8	3:15	0.1	5:40	6:00	
25	Sun	9:46	10.5	10:10	10.4	3:34	0.0	4:00	-0.4	5:38	6:01	
26	Mon	10:33	10.8	10:54	11.1	4:22	-0.7	4:44	-0.7	5:36	6:02	
27	Tue	11:21	11.0	11:38	11.5	5:10	-1.3	5:30	-0.9	5:34	6:03	
28	Wed			12:10	10.9	5:59	-1.6	6:16	-0.8	5:33	6:04	
29	Thu	12:25	11.7	1:00	10.6	6:50	-1.7	7:04	-0.6	5:31	6:05	
30	Fri	1:15	11.6	1:53	10.2	7:41	-1.4	7:55	-0.2	5:29	6:06	
31	Sat	2:07	11.3	2:49	9.7	8:35	-1.0	8:49	0.4	5:27	6:08	