US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**1:37**	11.1	**2:08**	10.2	**7:59**	-1.1	**8:15**	-0.4	6:19	5:33	
2	Fri	**2:26**	11.0	**3:02**	9.7	**8:52**	-0.8	**9:06**	0.1	6:17	5:34	
3	Sat	**3:20**	10.7	**4:01**	9.1	**9:50**	-0.4	**10:04**	0.6	6:15	5:35	
4	Sun	**4:20**	10.3	**5:06**	8.6	**10:53**	0.1	**11:07**	1.0	6:14	5:36	
5	Mon	**5:26**	9.9	**6:15**	8.4	**11:59**	0.4			6:12	5:38	
6	Tue	**6:35**	9.7	**7:25**	8.5	**12:13**	1.3	**1:07**	0.5	6:10	5:39	
7	Wed	**7:44**	9.7	**8:31**	8.7	**1:21**	1.3	**2:14**	0.4	6:09	5:40	
8	Thu	**8:48**	9.9	**9:27**	9.1	**2:26**	1.0	**3:12**	0.2	6:07	5:41	
9	Fri	**9:42**	10.0	**10:14**	9.4	**3:23**	0.7	**4:01**	0.0	6:05	5:42	
10	Sat	**10:28**	10.2	**10:55**	9.7	**4:12**	0.4	**4:43**	-0.1	6:04	5:44	
11	Sun	**11:11**	10.1	**11:33**	9.9	**4:56**	0.1	**5:22**	0.0	6:02	5:45	
12	Mon	**11:51**	10.0			**5:38**	0.0	**5:59**	0.1	6:00	5:46	
13	Tue	**12:09**	9.9	**12:30**	9.8	**6:18**	0.0	**6:35**	0.4	5:59	5:47	
14	Wed	**12:45**	9.9	**1:10**	9.4	**6:58**	0.1	**7:12**	0.7	5:57	5:48	
15	Thu	**1:22**	9.8	**1:50**	9.0	**7:39**	0.3	**7:51**	1.1	5:55	5:49	
16	Fri	**2:01**	9.6	**2:32**	8.6	**8:21**	0.7	**8:32**	1.5	5:53	5:51	
17	Sat	**2:42**	9.3	**3:18**	8.2	**9:05**	1.0	**9:17**	1.8	5:52	5:52	
18	Sun	**3:29**	9.0	**4:08**	7.8	**9:54**	1.4	**10:07**	2.1	5:50	5:53	
19	Mon	**4:20**	8.7	**5:03**	7.6	**10:48**	1.6	**11:01**	2.3	5:48	5:54	
20	Tue	**5:16**	8.6	**6:00**	7.6	**11:44**	1.7	**11:58**	2.3	5:46	5:55	
21	Wed	**6:13**	8.7	**6:57**	7.8			**12:40**	1.6	5:45	5:56	
22	Thu	**7:10**	9.0	**7:51**	8.3	**12:55**	2.0	**1:35**	1.2	5:43	5:57	
23	Fri	**8:05**	9.5	**8:41**	8.9	**1:51**	1.5	**2:27**	0.7	5:41	5:59	
24	Sat	**8:57**	10.0	**9:27**	9.7	**2:44**	0.8	**3:15**	0.1	5:40	6:00	
25	Sun	**9:46**	10.5	**10:10**	10.4	**3:34**	0.0	**4:00**	-0.4	5:38	6:01	
26	Mon	**10:33**	10.8	**10:54**	11.1	**4:22**	-0.7	**4:44**	-0.7	5:36	6:02	
27	Tue	**11:21**	11.0	**11:38**	11.5	**5:10**	-1.3	**5:30**	-0.9	5:34	6:03	
28	Wed			**12:10**	10.9	**5:59**	-1.6	**6:16**	-0.8	5:33	6:04	
29	Thu	**12:25**	11.7	**1:00**	10.6	**6:50**	-1.7	**7:04**	-0.6	5:31	6:05	
30	Fri	**1:15**	11.6	**1:53**	10.2	**7:41**	-1.4	**7:55**	-0.2	5:29	6:06	
31	Sat	**2:07**	11.3	**2:49**	9.7	**8:35**	-1.0	**8:49**	0.4	5:27	6:08	