
































## Quincy, (Nut Island), MA - Apr 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:03	10.8	4:50	9.2	10:34	-0.4	10:49	0.9	6:26	7:09	
2	Mon	5:06	10.2	5:56	8.8	11:37	0.2	11:54	1.3	6:24	7:10	
3	Tue	6:14	9.8	7:04	8.7			12:44	0.6	6:22	7:11	
4	Wed	7:23	9.5	8:11	8.8	1:01	1.4	1:51	0.8	6:21	7:12	
5	Thu	8:31	9.4	9:13	9.0	2:09	1.4	2:54	0.7	6:19	7:13	
6	Fri	9:32	9.5	10:05	9.3	3:13	1.2	3:49	0.6	6:17	7:14	
7	Sat	10:24	9.6	10:49	9.6	4:08	0.8	4:35	0.6	6:15	7:15	
8	Sun	11:09	9.7	11:27	9.9	4:55	0.5	5:15	0.6	6:14	7:17	
9	Mon	11:50	9.7			5:36	0.3	5:52	0.6	6:12	7:18	
10	Tue	12:02	10.0	12:29	9.5	6:16	0.1	6:28	0.8	6:10	7:19	
11	Wed	12:37	10.1	1:07	9.3	6:54	0.1	7:04	1.0	6:09	7:20	
12	Thu	1:13	10.0	1:45	9.1	7:33	0.2	7:42	1.2	6:07	7:21	
13	Fri	1:50	9.9	2:24	8.8	8:12	0.4	8:20	1.4	6:06	7:22	
14	Sat	2:29	9.7	3:05	8.5	8:52	0.7	9:01	1.7	6:04	7:23	
15	Sun	3:10	9.4	3:48	8.3	9:35	1.0	9:45	2.0	6:02	7:24	
16	Mon	3:54	9.2	4:36	8.1	10:21	1.3	10:33	2.2	6:01	7:26	
17	Tue	4:44	9.0	5:27	8.0	11:11	1.4	11:27	2.2	5:59	7:27	
18	Wed	5:37	8.9	6:21	8.1			12:05	1.4	5:58	7:28	
19	Thu	6:33	9.0	7:14	8.4	12:22	2.1	12:59	1.3	5:56	7:29	
20	Fri	7:30	9.2	8:07	8.9	1:19	1.8	1:52	1.0	5:54	7:30	
21	Sat	8:27	9.6	8:59	9.6	2:16	1.2	2:45	0.6	5:53	7:31	
22	Sun	9:23	10.0	9:48	10.4	3:12	0.5	3:36	0.2	5:51	7:32	
23	Mon	10:16	10.4	10:36	11.1	4:06	-0.3	4:25	-0.2	5:50	7:33	
24	Tue	11:08	10.6	11:23	11.7	4:58	-1.1	5:14	-0.5	5:48	7:34	
25	Wed	11:59	10.8			5:48	-1.6	6:02	-0.6	5:47	7:36	
26	Thu	12:12	12.0	12:51	10.7	6:40	-1.8	6:53	-0.5	5:45	7:37	
27	Fri	1:03	12.1	1:44	10.5	7:32	-1.8	7:44	-0.3	5:44	7:38	
28	Sat	1:56	11.8	2:39	10.1	8:25	-1.4	8:38	0.1	5:43	7:39	
29	Sun	2:51	11.4	3:36	9.7	9:20	-0.9	9:34	0.5	5:41	7:40	
30	Mon	3:49	10.8	4:37	9.4	10:18	-0.3	10:35	1.0	5:40	7:41	