





























Quincy, (Nut Island), MA - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:52	10.2	5:41	9.1	11:20	0.2	11:39	1.3	5:38	7:42	
2	Wed	5:58	9.7	6:45	9.1			12:23	0.6	5:37	7:43	
3	Thu	7:03	9.4	7:46	9.1	12:45	1.5	1:24	0.9	5:36	7:44	
4	Fri	8:07	9.2	8:43	9.3	1:49	1.4	2:22	1.0	5:35	7:46	
5	Sat	9:06	9.2	9:33	9.5	2:50	1.2	3:15	1.1	5:33	7:47	
6	Sun	9:59	9.2	10:16	9.7	3:45	1.0	4:01	1.2	5:32	7:48	
7	Mon	10:45	9.2	10:55	9.9	4:32	0.7	4:41	1.2	5:31	7:49	
8	Tue	11:26	9.1	11:31	10.1	5:13	0.4	5:20	1.3	5:30	7:50	
9	Wed			12:05	9.0	5:52	0.3	5:57	1.4	5:28	7:51	
10	Thu	12:07	10.1	12:44	8.9	6:31	0.3	6:35	1.4	5:27	7:52	
11	Fri	12:45	10.0	1:23	8.8	7:09	0.4	7:14	1.6	5:26	7:53	
12	Sat	1:23	9.9	2:02	8.7	7:48	0.5	7:54	1.7	5:25	7:54	
13	Sun	2:02	9.8	2:41	8.5	8:28	0.7	8:35	1.8	5:24	7:55	
14	Mon	2:43	9.6	3:23	8.4	9:09	0.9	9:19	1.9	5:23	7:56	
15	Tue	3:26	9.4	4:07	8.4	9:52	1.0	10:05	2.0	5:22	7:57	
16	Wed	4:13	9.3	4:55	8.5	10:39	1.0	10:56	1.9	5:21	7:58	
17	Thu	5:04	9.3	5:45	8.7	11:29	1.0	11:51	1.7	5:20	7:59	
18	Fri	5:58	9.3	6:36	9.2			12:21	0.9	5:19	8:00	
19	Sat	6:55	9.4	7:28	9.7	12:48	1.3	1:13	0.7	5:18	8:01	
20	Sun	7:53	9.6	8:20	10.3	1:45	0.8	2:06	0.5	5:17	8:02	
21	Mon	8:51	9.8	9:13	11.0	2:43	0.1	3:00	0.3	5:16	8:03	
22	Tue	9:49	10.0	10:06	11.5	3:40	-0.5	3:54	0.0	5:16	8:04	
23	Wed	10:45	10.2	10:58	11.9	4:35	-1.1	4:46	-0.1	5:15	8:05	
24	Thu	11:39	10.3	11:50	12.1	5:28	-1.5	5:39	-0.2	5:14	8:06	
25	Fri			12:34	10.3	6:22	-1.6	6:32	-0.2	5:13	8:07	
26	Sat	12:44	12.0	1:29	10.2	7:15	-1.5	7:27	0.0	5:13	8:08	
27	Sun	1:40	11.7	2:25	10.1	8:09	-1.2	8:22	0.2	5:12	8:09	
28	Mon	2:36	11.3	3:21	9.8	9:04	-0.8	9:18	0.6	5:11	8:10	
29	Tue	3:33	10.7	4:19	9.6	9:59	-0.3	10:16	1.0	5:11	8:11	
30	Wed	4:32	10.2	5:18	9.4	10:56	0.2	11:18	1.2	5:10	8:11	
31	Thu	5:33	9.7	6:16	9.4	11:53	0.6			5:10	8:12	