
































Quincy, (Nut Island), MA - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:34	9.2	7:11	9.4	12:19	1.4	12:48	1.0	5:09	8:13	
2	Sat	7:33	8.9	8:03	9.4	1:20	1.4	1:41	1.3	5:09	8:14	
3	Sun	8:31	8.7	8:52	9.5	2:19	1.3	2:32	1.5	5:08	8:15	
4	Mon	9:26	8.6	9:38	9.7	3:14	1.1	3:21	1.7	5:08	8:15	
5	Tue	10:16	8.6	10:21	9.8	4:03	0.9	4:05	1.7	5:08	8:16	
6	Wed	11:00	8.6	11:01	9.9	4:47	0.7	4:48	1.7	5:07	8:17	
7	Thu	11:41	8.6	11:41	10.0	5:28	0.6	5:28	1.7	5:07	8:17	
8	Fri			12:21	8.6	6:07	0.6	6:08	1.7	5:07	8:18	
9	Sat	12:20	10.0	1:00	8.6	6:46	0.6	6:49	1.7	5:07	8:18	
10	Sun	12:59	9.9	1:39	8.6	7:25	0.6	7:30	1.6	5:06	8:19	
11	Mon	1:39	9.9	2:18	8.6	8:04	0.6	8:11	1.6	5:06	8:20	
12	Tue	2:20	9.8	2:58	8.7	8:44	0.6	8:54	1.6	5:06	8:20	
13	Wed	3:02	9.8	3:40	8.9	9:26	0.5	9:40	1.5	5:06	8:21	
14	Thu	3:47	9.7	4:24	9.1	10:10	0.5	10:30	1.4	5:06	8:21	
15	Fri	4:36	9.6	5:12	9.5	10:57	0.5	11:24	1.1	5:06	8:21	
16	Sat	5:29	9.5	6:02	9.9	11:47	0.5			5:06	8:22	
17	Sun	6:26	9.5	6:54	10.3	12:20	0.8	12:39	0.5	5:06	8:22	
18	Mon	7:24	9.4	7:48	10.7	1:18	0.4	1:33	0.5	5:06	8:23	
19	Tue	8:25	9.4	8:45	11.1	2:18	-0.1	2:30	0.5	5:06	8:23	
20	Wed	9:26	9.6	9:42	11.5	3:17	-0.5	3:28	0.3	5:07	8:23	
21	Thu	10:26	9.7	10:39	11.7	4:16	-0.9	4:25	0.2	5:07	8:23	
22	Fri	11:22	9.9	11:34	11.8	5:11	-1.2	5:21	0.0	5:07	8:24	
23	Sat			12:18	10.0	6:06	-1.3	6:16	0.0	5:07	8:24	
24	Sun	12:30	11.7	1:14	10.1	7:00	-1.2	7:10	0.1	5:08	8:24	
25	Mon	1:25	11.5	2:08	10.0	7:52	-1.0	8:05	0.2	5:08	8:24	
26	Tue	2:19	11.1	3:01	9.9	8:43	-0.7	8:58	0.5	5:08	8:24	
27	Wed	3:13	10.6	3:53	9.8	9:34	-0.3	9:53	0.8	5:09	8:24	
28	Thu	4:07	10.0	4:46	9.6	10:25	0.2	10:49	1.1	5:09	8:24	
29	Fri	5:02	9.5	5:37	9.5	11:16	0.7	11:46	1.3	5:09	8:24	
30	Sat	5:59	9.0	6:28	9.4			12:07	1.2	5:10	8:24	