US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:09	7.8	8:20	9.1	1:55	1.6	2:00	2.3	5:36	8:03	
2	Thu	9:06	7.9	9:14	9.3	2:51	1.5	2:53	2.2	5:37	8:02	
3	Fri	9:57	8.0	10:03	9.5	3:43	1.3	3:45	2.0	5:38	8:01	
4	Sat	10:43	8.3	10:48	9.8	4:29	1.1	4:31	1.7	5:39	8:00	
5	Sun	11:24	8.6	11:29	10.1	5:11	0.7	5:15	1.3	5:40	7:58	
6	Mon			12:03	8.9	5:50	0.4	5:57	1.0	5:41	7:57	
7	Tue	12:09	10.3	12:41	9.3	6:29	0.1	6:39	0.7	5:42	7:56	
8	Wed	12:49	10.4	1:19	9.6	7:08	-0.1	7:23	0.4	5:43	7:55	
9	Thu	1:31	10.5	1:58	10.0	7:48	-0.2	8:07	0.1	5:44	7:53	
10	Fri	2:15	10.4	2:40	10.3	8:29	-0.2	8:54	0.0	5:45	7:52	
11	Sat	3:01	10.2	3:24	10.5	9:13	-0.1	9:44	-0.1	5:46	7:51	
12	Sun	3:51	9.8	4:13	10.6	10:00	0.2	10:38	0.0	5:47	7:49	
13	Mon	4:46	9.5	5:07	10.6	10:52	0.5	11:37	0.1	5:48	7:48	
14	Tue	5:45	9.1	6:06	10.5	11:50	0.8			5:50	7:46	
15	Wed	6:48	8.9	7:08	10.5	12:39	0.2	12:50	1.0	5:51	7:45	
16	Thu	7:54	8.8	8:13	10.5	1:42	0.2	1:54	1.0	5:52	7:44	
17	Fri	9:00	8.9	9:18	10.6	2:47	0.2	2:58	0.9	5:53	7:42	
18	Sat	10:02	9.3	10:18	10.8	3:48	-0.1	3:59	0.6	5:54	7:41	
19	Sun	10:57	9.6	11:12	10.9	4:44	-0.3	4:55	0.3	5:55	7:39	
20	Mon	11:47	9.9			5:35	-0.5	5:47	0.1	5:56	7:37	
21	Tue	12:02	10.9	12:34	10.1	6:21	-0.5	6:36	0.0	5:57	7:36	
22	Wed	12:50	10.7	1:18	10.1	7:05	-0.3	7:23	0.1	5:58	7:34	
23	Thu	1:35	10.4	2:01	10.1	7:48	-0.1	8:08	0.2	5:59	7:33	
24	Fri	2:20	10.0	2:42	10.0	8:29	0.4	8:54	0.5	6:00	7:31	
25	Sat	3:05	9.5	3:24	9.7	9:11	0.8	9:40	0.8	6:01	7:30	
26	Sun	3:52	9.0	4:09	9.5	9:54	1.3	10:29	1.1	6:02	7:28	
27	Mon	4:42	8.5	4:57	9.2	10:42	1.8	11:21	1.5	6:03	7:26	
28	Tue	5:36	8.1	5:50	9.0	11:33	2.1			6:04	7:25	
29	Wed	6:32	7.8	6:45	8.9	12:17	1.7	12:27	2.3	6:05	7:23	
30	Thu	7:29	7.7	7:42	8.9	1:13	1.8	1:22	2.4	6:06	7:21	
31	Fri	8:26	7.8	8:37	9.1	2:10	1.7	2:18	2.2	6:07	7:20	