
































Quincy, (Nut Island), MA - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:12	10.8	9:43	10.3	3:01	0.1	3:33	-0.7	6:16	4:37	
2	Fri	9:58	11.4	10:32	10.5	3:48	-0.2	4:23	-1.3	6:18	4:36	
3	Sat	10:44	11.9	11:22	10.5	4:35	-0.4	5:13	-1.6	6:19	4:35	
4	Sun	11:34	12.0			5:24	-0.4	6:04	-1.7	6:20	4:34	
5	Mon	12:15	10.4	12:26	11.9	6:15	-0.3	6:56	-1.5	6:21	4:32	
6	Tue	1:09	10.1	1:20	11.6	7:08	0.0	7:51	-1.1	6:23	4:31	
7	Wed	2:05	9.8	2:18	11.1	8:04	0.3	8:48	-0.6	6:24	4:30	
8	Thu	3:05	9.5	3:20	10.5	9:03	0.7	9:48	-0.1	6:25	4:29	
9	Fri	4:08	9.3	4:25	10.0	10:07	1.0	10:51	0.3	6:26	4:28	
10	Sat	5:13	9.2	5:32	9.6	11:13	1.2	11:53	0.6	6:28	4:27	
11	Sun	6:15	9.3	6:36	9.4			12:19	1.2	6:29	4:26	
12	Mon	7:14	9.5	7:38	9.2	12:52	0.8	1:22	1.0	6:30	4:25	
13	Tue	8:07	9.7	8:35	9.2	1:47	0.9	2:21	0.8	6:31	4:24	
14	Wed	8:54	9.9	9:24	9.1	2:37	1.0	3:11	0.5	6:33	4:23	
15	Thu	9:35	10.0	10:08	9.1	3:21	1.1	3:55	0.3	6:34	4:22	
16	Fri	10:13	10.1	10:48	9.0	4:01	1.1	4:36	0.2	6:35	4:21	
17	Sat	10:51	10.1	11:28	8.9	4:40	1.2	5:15	0.2	6:36	4:20	
18	Sun	11:28	10.1			5:19	1.3	5:54	0.3	6:38	4:19	
19	Mon	12:07	8.8	12:07	9.9	5:58	1.4	6:33	0.4	6:39	4:19	
20	Tue	12:46	8.6	12:48	9.7	6:38	1.6	7:13	0.6	6:40	4:18	
21	Wed	1:27	8.4	1:29	9.5	7:20	1.7	7:54	0.8	6:41	4:17	
22	Thu	2:08	8.3	2:12	9.3	8:03	1.8	8:37	1.0	6:42	4:17	
23	Fri	2:52	8.2	2:57	9.1	8:49	2.0	9:22	1.1	6:44	4:16	
24	Sat	3:38	8.3	3:46	9.0	9:38	2.0	10:10	1.1	6:45	4:15	
25	Sun	4:27	8.5	4:39	8.9	10:31	1.9	11:00	1.1	6:46	4:15	
26	Mon	5:16	8.8	5:33	9.0	11:26	1.5	11:50	0.9	6:47	4:14	
27	Tue	6:06	9.3	6:29	9.1			12:22	1.1	6:48	4:14	
28	Wed	6:57	9.8	7:26	9.3	12:42	0.7	1:18	0.4	6:49	4:13	
29	Thu	7:48	10.5	8:23	9.6	1:34	0.5	2:14	-0.3	6:50	4:13	
30	Fri	8:40	11.1	9:18	9.9	2:27	0.2	3:09	-0.9	6:51	4:13	