US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:58**	10.4			**5:47**	-1.4	**6:02**	-0.5	5:11	8:24	
2	Tue	**12:12**	12.1	**12:52**	10.7	**6:39**	-1.7	**6:56**	-0.7	5:11	8:24	
3	Wed	**1:07**	12.1	**1:46**	10.8	**7:32**	-1.7	**7:50**	-0.7	5:12	8:23	
4	Thu	**2:02**	11.9	**2:41**	10.9	**8:24**	-1.6	**8:46**	-0.6	5:12	8:23	
5	Fri	**2:58**	11.5	**3:36**	10.8	**9:17**	-1.3	**9:42**	-0.4	5:13	8:23	
6	Sat	**3:55**	11.0	**4:32**	10.7	**10:11**	-0.8	**10:41**	-0.1	5:14	8:22	
7	Sun	**4:54**	10.4	**5:30**	10.5	**11:07**	-0.3	**11:42**	0.2	5:14	8:22	
8	Mon	**5:55**	9.9	**6:28**	10.3			**12:04**	0.2	5:15	8:22	
9	Tue	**6:56**	9.4	**7:25**	10.2	**12:43**	0.4	**1:00**	0.6	5:16	8:21	
10	Wed	**7:57**	9.1	**8:21**	10.1	**1:44**	0.6	**1:57**	1.0	5:17	8:21	
11	Thu	**8:57**	8.9	**9:15**	10.0	**2:45**	0.6	**2:52**	1.2	5:17	8:20	
12	Fri	**9:53**	8.9	**10:05**	10.1	**3:41**	0.5	**3:45**	1.3	5:18	8:20	
13	Sat	**10:42**	8.9	**10:50**	10.1	**4:31**	0.4	**4:32**	1.3	5:19	8:19	
14	Sun	**11:26**	9.0	**11:32**	10.2	**5:15**	0.3	**5:16**	1.2	5:20	8:19	
15	Mon			**12:07**	9.1	**5:55**	0.3	**5:58**	1.1	5:21	8:18	
16	Tue	**12:13**	10.2	**12:46**	9.1	**6:34**	0.3	**6:39**	1.1	5:21	8:17	
17	Wed	**12:52**	10.1	**1:25**	9.2	**7:12**	0.3	**7:20**	1.1	5:22	8:17	
18	Thu	**1:32**	10.0	**2:03**	9.2	**7:50**	0.4	**8:01**	1.1	5:23	8:16	
19	Fri	**2:11**	9.8	**2:41**	9.2	**8:28**	0.5	**8:42**	1.1	5:24	8:15	
20	Sat	**2:51**	9.6	**3:20**	9.3	**9:07**	0.6	**9:25**	1.2	5:25	8:14	
21	Sun	**3:32**	9.4	**4:01**	9.3	**9:47**	0.7	**10:10**	1.2	5:26	8:14	
22	Mon	**4:16**	9.2	**4:44**	9.4	**10:30**	0.8	**10:58**	1.2	5:27	8:13	
23	Tue	**5:04**	9.0	**5:30**	9.6	**11:17**	0.9	**11:50**	1.1	5:28	8:12	
24	Wed	**5:56**	8.9	**6:20**	9.8			**12:07**	1.0	5:29	8:11	
25	Thu	**6:51**	8.9	**7:13**	10.2	**12:44**	0.8	**1:00**	0.9	5:30	8:10	
26	Fri	**7:48**	9.0	**8:09**	10.5	**1:41**	0.5	**1:56**	0.7	5:31	8:09	
27	Sat	**8:48**	9.3	**9:07**	11.0	**2:39**	0.0	**2:55**	0.4	5:32	8:08	
28	Sun	**9:47**	9.7	**10:05**	11.5	**3:37**	-0.5	**3:52**	0.0	5:33	8:07	
29	Mon	**10:44**	10.2	**11:01**	11.9	**4:33**	-1.0	**4:48**	-0.5	5:34	8:06	
30	Tue	**11:38**	10.6	**11:55**	12.1	**5:27**	-1.4	**5:43**	-0.8	5:35	8:05	
31	Wed			**12:32**	11.0	**6:19**	-1.7	**6:38**	-1.1	5:36	8:04	