US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:08	8.7	4:25	8.6	10:16	1.6	10:39	1.2	7:12	4:22	
2	Thu	4:56	8.8	5:17	8.4	11:09	1.5	11:29	1.3	7:12	4:23	
3	Fri	5:45	8.9	6:10	8.3			12:02	1.4	7:12	4:24	
4	Sat	6:35	9.2	7:05	8.4	12:19	1.2	12:56	1.0	7:12	4:25	
5	Sun	7:26	9.6	8:01	8.7	1:12	1.1	1:51	0.5	7:12	4:26	
6	Mon	8:18	10.2	8:55	9.1	2:05	0.8	2:44	-0.1	7:12	4:27	
7	Tue	9:09	10.7	9:47	9.6	2:58	0.4	3:36	-0.8	7:12	4:28	
8	Wed	10:00	11.3	10:37	10.0	3:49	-0.1	4:26	-1.3	7:12	4:29	
9	Thu	10:50	11.7	11:27	10.4	4:40	-0.6	5:16	-1.7	7:12	4:30	
10	Fri	11:41	11.9			5:31	-0.9	6:06	-1.9	7:11	4:31	
11	Sat	12:19	10.6	12:34	11.9	6:23	-1.1	6:57	-1.9	7:11	4:32	
12	Sun	1:11	10.8	1:28	11.6	7:17	-1.1	7:48	-1.7	7:11	4:33	
13	Mon	2:03	10.8	2:23	11.1	8:11	-0.9	8:40	-1.3	7:10	4:34	
14	Tue	2:58	10.6	3:20	10.5	9:08	-0.6	9:35	-0.8	7:10	4:35	
15	Wed	3:55	10.4	4:21	9.9	10:08	-0.2	10:32	-0.2	7:09	4:36	
16	Thu	4:54	10.2	5:23	9.4	11:10	0.1	11:30	0.3	7:09	4:37	
17	Fri	5:54	10.0	6:27	9.0			12:14	0.3	7:08	4:39	
18	Sat	6:54	9.9	7:32	8.8	12:30	0.6	1:17	0.4	7:08	4:40	
19	Sun	7:54	9.8	8:33	8.8	1:29	0.9	2:19	0.3	7:07	4:41	
20	Mon	8:48	9.9	9:26	8.8	2:26	1.0	3:13	0.2	7:07	4:42	
21	Tue	9:37	10.0	10:12	8.9	3:17	0.9	4:00	0.0	7:06	4:44	
22	Wed	10:20	10.1	10:53	9.0	4:03	0.8	4:42	-0.1	7:05	4:45	
23	Thu	11:01	10.1	11:32	9.1	4:45	0.7	5:21	-0.1	7:04	4:46	
24	Fri	11:40	10.1			5:26	0.6	5:58	-0.1	7:04	4:47	
25	Sat	12:10	9.2	12:18	10.0	6:06	0.6	6:36	0.0	7:03	4:49	
26	Sun	12:47	9.2	12:57	9.8	6:46	0.6	7:13	0.1	7:02	4:50	
27	Mon	1:25	9.2	1:36	9.6	7:26	0.7	7:51	0.3	7:01	4:51	
28	Tue	2:03	9.1	2:16	9.3	8:08	0.9	8:30	0.5	7:00	4:52	
29	Wed	2:42	9.1	2:58	8.9	8:51	1.0	9:12	0.8	6:59	4:54	
30	Thu	3:24	9.0	3:44	8.7	9:37	1.1	9:57	1.0	6:58	4:55	
31	Fri	4:10	9.0	4:35	8.4	10:28	1.2	10:46	1.1	6:57	4:56	