

































Quincy, (Nut Island), MA - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:25	10.3	11:38	12.1	5:15	-1.4	5:27	-0.3	5:11	8:24	
2	Sun			12:20	10.5	6:09	-1.6	6:21	-0.5	5:11	8:24	
3	Mon	12:33	12.1	1:16	10.6	7:03	-1.7	7:16	-0.5	5:12	8:23	
4	Tue	1:29	12.0	2:11	10.6	7:56	-1.6	8:12	-0.4	5:13	8:23	
5	Wed	2:25	11.6	3:07	10.5	8:49	-1.3	9:08	-0.1	5:13	8:23	
6	Thu	3:22	11.2	4:03	10.3	9:43	-0.9	10:05	0.2	5:14	8:22	
7	Fri	4:20	10.6	5:00	10.2	10:38	-0.4	11:05	0.5	5:14	8:22	
8	Sat	5:20	10.0	5:57	10.0	11:34	0.1			5:15	8:22	
9	Sun	6:20	9.5	6:53	9.9	12:06	0.7	12:30	0.6	5:16	8:21	
10	Mon	7:20	9.1	7:48	9.8	1:07	0.9	1:25	1.0	5:17	8:21	
11	Tue	8:20	8.8	8:41	9.8	2:07	0.9	2:19	1.3	5:17	8:20	
12	Wed	9:18	8.7	9:31	9.8	3:04	0.8	3:12	1.5	5:18	8:20	
13	Thu	10:10	8.7	10:17	9.9	3:57	0.7	4:00	1.5	5:19	8:19	
14	Fri	10:57	8.7	11:00	10.0	4:44	0.6	4:45	1.5	5:20	8:19	
15	Sat	11:39	8.8	11:41	10.1	5:25	0.5	5:27	1.4	5:21	8:18	
16	Sun			12:19	8.8	6:05	0.4	6:08	1.3	5:21	8:17	
17	Mon	12:21	10.1	12:58	8.9	6:44	0.4	6:49	1.3	5:22	8:17	
18	Tue	1:01	10.0	1:36	8.9	7:22	0.4	7:30	1.3	5:23	8:16	
19	Wed	1:40	9.9	2:14	9.0	8:00	0.4	8:11	1.3	5:24	8:15	
20	Thu	2:19	9.8	2:52	9.0	8:38	0.5	8:52	1.3	5:25	8:14	
21	Fri	2:59	9.7	3:31	9.1	9:18	0.5	9:36	1.3	5:26	8:14	
22	Sat	3:42	9.6	4:13	9.3	9:59	0.6	10:22	1.2	5:27	8:13	
23	Sun	4:28	9.4	4:57	9.5	10:44	0.6	11:13	1.0	5:28	8:12	
24	Mon	5:18	9.3	5:46	9.8	11:32	0.7			5:29	8:11	
25	Tue	6:13	9.2	6:37	10.1	12:07	0.8	12:24	0.7	5:30	8:10	
26	Wed	7:10	9.2	7:32	10.5	1:03	0.5	1:19	0.7	5:31	8:09	
27	Thu	8:10	9.3	8:30	10.9	2:02	0.1	2:16	0.5	5:32	8:08	
28	Fri	9:11	9.5	9:29	11.3	3:02	-0.3	3:15	0.3	5:33	8:07	
29	Sat	10:11	9.9	10:27	11.7	4:01	-0.8	4:13	-0.1	5:34	8:06	
30	Sun	11:07	10.2	11:23	11.9	4:57	-1.2	5:09	-0.4	5:35	8:05	
31	Mon			12:03	10.5	5:51	-1.5	6:05	-0.6	5:36	8:04	