
































## Quincy, (Nut Island), MA - Nov 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:20	8.9	2:27	9.6	8:17	1.5	8:51	0.7	6:17	4:37	
2	Thu	3:09	8.6	3:16	9.3	9:05	1.9	9:42	1.1	6:18	4:35	
3	Fri	4:01	8.3	4:10	9.0	9:58	2.1	10:35	1.4	6:20	4:34	
4	Sat	4:56	8.2	5:06	8.8	10:53	2.2	11:28	1.5	6:21	4:33	
5	Sun	5:50	8.3	6:02	8.8	11:48	2.2			6:22	4:32	
6	Mon	6:42	8.5	6:56	8.9	12:20	1.5	12:43	1.9	6:23	4:31	
7	Tue	7:31	8.8	7:47	9.1	1:11	1.3	1:35	1.6	6:25	4:29	
8	Wed	8:17	9.2	8:36	9.4	1:59	1.1	2:25	1.1	6:26	4:28	
9	Thu	8:59	9.8	9:21	9.7	2:44	0.7	3:11	0.5	6:27	4:27	
10	Fri	9:39	10.3	10:05	10.0	3:27	0.4	3:56	-0.1	6:28	4:26	
11	Sat	10:19	10.8	10:49	10.2	4:10	0.1	4:40	-0.7	6:30	4:25	
12	Sun	11:01	11.2	11:34	10.3	4:53	-0.1	5:25	-1.0	6:31	4:24	
13	Mon	11:45	11.4			5:38	-0.1	6:13	-1.3	6:32	4:23	
14	Tue	12:22	10.2	12:33	11.5	6:25	-0.1	7:02	-1.3	6:33	4:22	
15	Wed	1:13	10.1	1:24	11.4	7:15	0.0	7:54	-1.1	6:35	4:21	
16	Thu	2:06	9.9	2:18	11.1	8:08	0.2	8:48	-0.8	6:36	4:21	
17	Fri	3:03	9.7	3:18	10.7	9:05	0.5	9:47	-0.4	6:37	4:20	
18	Sat	4:05	9.5	4:22	10.3	10:08	0.7	10:48	-0.1	6:38	4:19	
19	Sun	5:08	9.5	5:28	10.0	11:12	0.8	11:50	0.1	6:39	4:18	
20	Mon	6:11	9.7	6:33	9.8			12:18	0.7	6:41	4:18	
21	Tue	7:12	9.9	7:37	9.7	12:50	0.2	1:21	0.5	6:42	4:17	
22	Wed	8:10	10.2	8:37	9.7	1:48	0.2	2:22	0.2	6:43	4:16	
23	Thu	9:01	10.4	9:30	9.8	2:42	0.2	3:16	-0.1	6:44	4:16	
24	Fri	9:47	10.6	10:18	9.7	3:31	0.2	4:05	-0.3	6:45	4:15	
25	Sat	10:29	10.7	11:02	9.6	4:16	0.3	4:49	-0.4	6:46	4:14	
26	Sun	11:10	10.6	11:45	9.5	4:58	0.5	5:32	-0.4	6:48	4:14	
27	Mon	11:50	10.4			5:40	0.7	6:13	-0.2	6:49	4:14	
28	Tue	12:27	9.2	12:31	10.2	6:21	1.0	6:55	0.0	6:50	4:13	
29	Wed	1:09	9.0	1:13	10.0	7:04	1.2	7:37	0.3	6:51	4:13	
30	Thu	1:52	8.8	1:56	9.7	7:47	1.5	8:20	0.6	6:52	4:12	