





























Quincy, (Nut Island), MA - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:38	9.0	4:53	9.9	10:35	1.3	11:21	0.5	6:16	4:38	
2	Sun	5:45	8.9	6:00	9.6	11:42	1.5			6:17	4:36	
3	Mon	6:49	9.0	7:05	9.5	12:25	0.7	12:48	1.4	6:19	4:35	
4	Tue	7:48	9.2	8:05	9.5	1:26	0.8	1:50	1.2	6:20	4:34	
5	Wed	8:39	9.4	8:58	9.5	2:20	0.8	2:45	0.9	6:21	4:33	
6	Thu	9:23	9.7	9:43	9.5	3:06	0.8	3:32	0.6	6:22	4:31	
7	Fri	10:01	9.9	10:25	9.4	3:46	0.8	4:14	0.4	6:24	4:30	
8	Sat	10:36	10.0	11:04	9.3	4:24	0.9	4:53	0.2	6:25	4:29	
9	Sun	11:11	10.1	11:42	9.1	5:00	1.0	5:31	0.2	6:26	4:28	
10	Mon	11:47	10.0			5:37	1.2	6:10	0.3	6:27	4:27	
11	Tue	12:21	8.9	12:24	9.8	6:15	1.4	6:49	0.5	6:29	4:26	
12	Wed	1:01	8.7	1:02	9.6	6:54	1.6	7:29	0.7	6:30	4:25	
13	Thu	1:41	8.4	1:43	9.4	7:35	1.8	8:11	1.0	6:31	4:24	
14	Fri	2:24	8.2	2:27	9.2	8:19	2.0	8:56	1.2	6:32	4:23	
15	Sat	3:11	8.1	3:15	9.0	9:06	2.2	9:45	1.3	6:34	4:22	
16	Sun	4:01	8.1	4:08	8.9	9:58	2.2	10:37	1.2	6:35	4:21	
17	Mon	4:54	8.2	5:04	9.0	10:54	2.0	11:30	1.1	6:36	4:20	
18	Tue	5:46	8.6	6:01	9.2	11:51	1.7			6:37	4:20	
19	Wed	6:39	9.2	6:58	9.5	12:23	0.8	12:49	1.1	6:39	4:19	
20	Thu	7:31	9.9	7:55	9.8	1:16	0.5	1:46	0.3	6:40	4:18	
21	Fri	8:22	10.6	8:51	10.2	2:09	0.1	2:41	-0.4	6:41	4:17	
22	Sat	9:11	11.3	9:44	10.5	3:00	-0.3	3:34	-1.2	6:42	4:17	
23	Sun	10:00	11.9	10:37	10.6	3:50	-0.5	4:26	-1.7	6:43	4:16	
24	Mon	10:49	12.2	11:29	10.6	4:40	-0.7	5:18	-2.0	6:44	4:15	
25	Tue	11:41	12.2			5:30	-0.6	6:10	-1.9	6:46	4:15	
26	Wed	12:23	10.4	12:34	11.9	6:23	-0.4	7:04	-1.6	6:47	4:14	
27	Thu	1:18	10.1	1:29	11.5	7:17	0.0	7:58	-1.1	6:48	4:14	
28	Fri	2:15	9.7	2:26	10.9	8:13	0.4	8:54	-0.5	6:49	4:13	
29	Sat	3:15	9.4	3:27	10.2	9:11	0.9	9:53	0.0	6:50	4:13	
30	Sun	4:17	9.1	4:30	9.7	10:14	1.2	10:54	0.4	6:51	4:13	