


































## Quincy, (Nut Island), MA - Jan 2004

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu | 6:30  | 9.0  | 6:58  | 8.3  | 12:06 | 1.3  | 12:48 | 1.3  | 7:12  | 4:21 |    |
| 2    | Fri | 7:21  | 9.1  | 7:56  | 8.2  | 12:58 | 1.6  | 1:45  | 1.1  | 7:12  | 4:22 |    |
| 3    | Sat | 8:10  | 9.3  | 8:49  | 8.2  | 1:49  | 1.7  | 2:38  | 0.9  | 7:12  | 4:23 |    |
| 4    | Sun | 8:57  | 9.4  | 9:36  | 8.3  | 2:38  | 1.7  | 3:25  | 0.7  | 7:12  | 4:24 |    |
| 5    | Mon | 9:40  | 9.6  | 10:18 | 8.4  | 3:22  | 1.6  | 4:07  | 0.5  | 7:12  | 4:25 |    |
| 6    | Tue | 10:20 | 9.7  | 10:58 | 8.4  | 4:05  | 1.5  | 4:46  | 0.3  | 7:12  | 4:26 |    |
| 7    | Wed | 10:59 | 9.8  | 11:36 | 8.5  | 4:45  | 1.3  | 5:24  | 0.3  | 7:12  | 4:27 |    |
| 8    | Thu | 11:37 | 9.9  |       |      | 5:25  | 1.2  | 6:02  | 0.2  | 7:12  | 4:28 |    |
| 9    | Fri | 12:14 | 8.6  | 12:16 | 9.9  | 6:05  | 1.1  | 6:41  | 0.1  | 7:12  | 4:29 |    |
| 10   | Sat | 12:52 | 8.7  | 12:55 | 9.9  | 6:46  | 1.0  | 7:19  | 0.1  | 7:11  | 4:30 |    |
| 11   | Sun | 1:30  | 8.8  | 1:36  | 9.9  | 7:28  | 1.0  | 7:59  | 0.0  | 7:11  | 4:31 |    |
| 12   | Mon | 2:10  | 9.0  | 2:19  | 9.8  | 8:12  | 0.9  | 8:41  | 0.1  | 7:11  | 4:32 |   |
| 13   | Tue | 2:53  | 9.2  | 3:06  | 9.6  | 9:00  | 0.8  | 9:27  | 0.2  | 7:11  | 4:33 |  |
| 14   | Wed | 3:39  | 9.4  | 3:59  | 9.3  | 9:53  | 0.7  | 10:17 | 0.3  | 7:10  | 4:34 |  |
| 15   | Thu | 4:30  | 9.7  | 4:57  | 9.1  | 10:50 | 0.5  | 11:10 | 0.5  | 7:10  | 4:35 |  |
| 16   | Fri | 5:24  | 10.0 | 5:58  | 8.9  | 11:51 | 0.3  |       |      | 7:09  | 4:37 |  |
| 17   | Sat | 6:22  | 10.3 | 7:02  | 8.8  | 12:07 | 0.6  | 12:53 | 0.0  | 7:09  | 4:38 |  |
| 18   | Sun | 7:22  | 10.6 | 8:07  | 8.9  | 1:07  | 0.6  | 1:56  | -0.4 | 7:08  | 4:39 |  |
| 19   | Mon | 8:23  | 10.9 | 9:10  | 9.2  | 2:08  | 0.5  | 2:57  | -0.7 | 7:08  | 4:40 |  |
| 20   | Tue | 9:23  | 11.1 | 10:07 | 9.5  | 3:08  | 0.2  | 3:54  | -1.0 | 7:07  | 4:41 |  |
| 21   | Wed | 10:19 | 11.3 | 11:02 | 9.7  | 4:04  | 0.0  | 4:48  | -1.3 | 7:06  | 4:43 |  |
| 22   | Thu | 11:13 | 11.4 | 11:54 | 9.8  | 4:59  | -0.2 | 5:40  | -1.3 | 7:06  | 4:44 |  |
| 23   | Fri |       |      | 12:06 | 11.2 | 5:52  | -0.3 | 6:30  | -1.2 | 7:05  | 4:45 |  |
| 24   | Sat | 12:45 | 9.9  | 12:57 | 10.9 | 6:43  | -0.2 | 7:18  | -0.9 | 7:04  | 4:46 |  |
| 25   | Sun | 1:34  | 9.8  | 1:46  | 10.5 | 7:33  | 0.0  | 8:04  | -0.5 | 7:03  | 4:48 |  |
| 26   | Mon | 2:21  | 9.6  | 2:36  | 9.9  | 8:24  | 0.4  | 8:51  | 0.0  | 7:03  | 4:49 |  |
| 27   | Tue | 3:09  | 9.4  | 3:27  | 9.3  | 9:15  | 0.7  | 9:38  | 0.6  | 7:02  | 4:50 |  |
| 28   | Wed | 3:58  | 9.2  | 4:21  | 8.7  | 10:09 | 1.0  | 10:28 | 1.2  | 7:01  | 4:52 |  |
| 29   | Thu | 4:48  | 9.0  | 5:18  | 8.2  | 11:06 | 1.2  | 11:19 | 1.6  | 7:00  | 4:53 |  |
| 30   | Fri | 5:40  | 8.8  | 6:16  | 7.8  |       |      | 12:04 | 1.4  | 6:59  | 4:54 |  |
| 31   | Sat | 6:33  | 8.8  | 7:16  | 7.7  | 12:12 | 2.0  | 1:02  | 1.4  | 6:58  | 4:55 |  |