































Quincy, (Nut Island), MA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:16	9.0	7:40	10.0	1:04	0.7	1:17	1.1	5:11	8:24	
2	Thu	8:17	8.7	8:34	9.9	2:04	0.8	2:12	1.4	5:11	8:24	
3	Fri	9:17	8.5	9:26	9.9	3:03	0.7	3:06	1.7	5:12	8:23	
4	Sat	10:11	8.5	10:15	9.9	3:58	0.7	3:57	1.7	5:12	8:23	
5	Sun	10:59	8.5	11:00	10.0	4:46	0.6	4:44	1.7	5:13	8:23	
6	Mon	11:41	8.6	11:42	10.1	5:29	0.5	5:27	1.6	5:14	8:23	
7	Tue			12:22	8.6	6:09	0.5	6:09	1.5	5:14	8:22	
8	Wed	12:23	10.1	1:00	8.7	6:48	0.5	6:50	1.4	5:15	8:22	
9	Thu	1:03	10.0	1:39	8.8	7:25	0.5	7:31	1.4	5:16	8:21	
10	Fri	1:42	9.9	2:16	8.9	8:02	0.6	8:12	1.4	5:16	8:21	
11	Sat	2:21	9.7	2:53	9.0	8:39	0.6	8:53	1.4	5:17	8:20	
12	Sun	3:01	9.5	3:31	9.1	9:17	0.7	9:36	1.4	5:18	8:20	
13	Mon	3:42	9.3	4:11	9.2	9:57	0.8	10:22	1.4	5:19	8:19	
14	Tue	4:27	9.1	4:54	9.4	10:39	1.0	11:11	1.3	5:20	8:19	
15	Wed	5:16	8.9	5:40	9.6	11:26	1.1			5:20	8:18	
16	Thu	6:09	8.7	6:30	9.9	12:04	1.1	12:16	1.2	5:21	8:18	
17	Fri	7:05	8.7	7:24	10.2	12:59	0.8	1:10	1.2	5:22	8:17	
18	Sat	8:05	8.7	8:22	10.6	1:58	0.5	2:08	1.1	5:23	8:16	
19	Sun	9:07	9.0	9:22	11.0	2:58	0.1	3:07	0.8	5:24	8:15	
20	Mon	10:07	9.3	10:21	11.4	3:57	-0.4	4:07	0.4	5:25	8:15	
21	Tue	11:04	9.8	11:18	11.7	4:53	-0.9	5:04	0.0	5:26	8:14	
22	Wed	11:59	10.2			5:48	-1.2	6:00	-0.4	5:27	8:13	
23	Thu	12:14	11.9	12:53	10.5	6:40	-1.4	6:55	-0.6	5:28	8:12	
24	Fri	1:09	11.8	1:46	10.7	7:32	-1.4	7:50	-0.6	5:29	8:11	
25	Sat	2:04	11.4	2:38	10.8	8:22	-1.2	8:44	-0.5	5:29	8:10	
26	Sun	2:58	11.0	3:30	10.7	9:12	-0.8	9:39	-0.2	5:30	8:09	
27	Mon	3:53	10.3	4:23	10.5	10:03	-0.2	10:36	0.2	5:31	8:08	
28	Tue	4:49	9.7	5:16	10.2	10:56	0.4	11:35	0.5	5:32	8:07	
29	Wed	5:49	9.1	6:11	9.9	11:50	1.0			5:33	8:06	
30	Thu	6:49	8.6	7:06	9.7	12:35	0.8	12:45	1.5	5:34	8:05	
31	Fri	7:50	8.3	8:03	9.5	1:35	1.0	1:42	1.8	5:35	8:04	