
































Quincy, (Nut Island), MA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:39	10.1	10:07	9.5	3:27	0.9	3:57	0.2	6:17	4:37	
2	Mon	10:17	10.5	10:49	9.6	4:08	0.7	4:40	-0.3	6:18	4:36	
3	Tue	10:57	10.8	11:33	9.7	4:49	0.6	5:23	-0.6	6:19	4:34	
4	Wed	11:39	11.0			5:32	0.5	6:09	-0.7	6:21	4:33	
5	Thu	12:19	9.6	12:26	11.1	6:18	0.5	6:57	-0.7	6:22	4:32	
6	Fri	1:07	9.5	1:16	11.0	7:07	0.5	7:48	-0.6	6:23	4:31	
7	Sat	1:59	9.4	2:10	10.8	8:00	0.7	8:42	-0.3	6:24	4:30	
8	Sun	2:55	9.3	3:09	10.5	8:57	0.8	9:40	0.0	6:26	4:29	
9	Mon	3:56	9.2	4:13	10.1	9:59	0.9	10:40	0.2	6:27	4:27	
10	Tue	4:58	9.4	5:19	9.9	11:04	0.9	11:41	0.3	6:28	4:26	
11	Wed	6:00	9.6	6:24	9.7			12:09	0.7	6:29	4:25	
12	Thu	7:00	10.0	7:28	9.6	12:40	0.3	1:13	0.4	6:31	4:24	
13	Fri	7:57	10.3	8:28	9.6	1:37	0.3	2:14	0.1	6:32	4:23	
14	Sat	8:50	10.6	9:23	9.7	2:31	0.3	3:09	-0.2	6:33	4:23	
15	Sun	9:37	10.8	10:12	9.6	3:22	0.4	3:59	-0.5	6:34	4:22	
16	Mon	10:21	10.9	10:59	9.6	4:08	0.5	4:45	-0.6	6:36	4:21	
17	Tue	11:04	10.8	11:43	9.4	4:53	0.6	5:30	-0.5	6:37	4:20	
18	Wed	11:46	10.6			5:36	0.8	6:13	-0.3	6:38	4:19	
19	Thu	12:27	9.2	12:29	10.3	6:20	1.1	6:56	0.0	6:39	4:18	
20	Fri	1:11	8.9	1:14	10.0	7:03	1.3	7:40	0.4	6:40	4:18	
21	Sat	1:55	8.7	1:59	9.7	7:48	1.5	8:24	0.7	6:42	4:17	
22	Sun	2:40	8.4	2:47	9.3	8:35	1.8	9:11	1.0	6:43	4:16	
23	Mon	3:28	8.3	3:37	9.0	9:25	2.0	9:59	1.3	6:44	4:16	
24	Tue	4:18	8.3	4:29	8.7	10:18	2.0	10:48	1.5	6:45	4:15	
25	Wed	5:08	8.4	5:22	8.6	11:12	2.0	11:37	1.5	6:46	4:15	
26	Thu	5:57	8.6	6:15	8.5			12:06	1.8	6:47	4:14	
27	Fri	6:44	8.9	7:07	8.5	12:25	1.5	12:58	1.5	6:49	4:14	
28	Sat	7:30	9.3	7:59	8.7	1:13	1.4	1:49	1.1	6:50	4:13	
29	Sun	8:16	9.7	8:49	8.9	2:01	1.2	2:39	0.5	6:51	4:13	
30	Mon	9:00	10.2	9:36	9.2	2:48	1.0	3:27	-0.1	6:52	4:12	