

































## Quincy, (Nut Island), MA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:04	11.7	11:44	10.1	4:52	-0.3	5:33	-1.6	7:12	4:22	
2	Sat	11:57	11.8			5:44	-0.6	6:23	-1.7	7:12	4:23	
3	Sun	12:36	10.4	12:50	11.7	6:38	-0.8	7:14	-1.6	7:12	4:23	
4	Mon	1:28	10.6	1:44	11.3	7:32	-0.8	8:05	-1.4	7:12	4:24	
5	Tue	2:20	10.6	2:40	10.7	8:27	-0.6	8:57	-0.9	7:12	4:25	
6	Wed	3:15	10.5	3:38	10.1	9:25	-0.3	9:51	-0.4	7:12	4:26	
7	Thu	4:11	10.3	4:39	9.4	10:26	0.1	10:47	0.2	7:12	4:27	
8	Fri	5:09	10.1	5:42	8.9	11:29	0.3	11:45	0.7	7:12	4:28	
9	Sat	6:07	9.9	6:46	8.5			12:32	0.5	7:12	4:29	
10	Sun	7:06	9.8	7:51	8.4	12:43	1.1	1:35	0.5	7:11	4:30	
11	Mon	8:04	9.7	8:50	8.4	1:42	1.3	2:36	0.5	7:11	4:32	
12	Tue	8:58	9.8	9:41	8.5	2:38	1.4	3:28	0.3	7:11	4:33	
13	Wed	9:46	9.9	10:26	8.6	3:28	1.3	4:14	0.2	7:10	4:34	
14	Thu	10:29	10.0	11:06	8.7	4:13	1.1	4:54	0.1	7:10	4:35	
15	Fri	11:09	10.0	11:44	8.8	4:55	1.0	5:32	0.1	7:09	4:36	
16	Sat	11:48	10.0			5:35	0.9	6:09	0.2	7:09	4:37	
17	Sun	12:21	8.9	12:27	9.9	6:15	0.8	6:45	0.2	7:08	4:38	
18	Mon	12:57	8.9	1:05	9.7	6:55	0.8	7:21	0.3	7:08	4:40	
19	Tue	1:33	9.0	1:44	9.4	7:36	0.9	7:58	0.5	7:07	4:41	
20	Wed	2:10	9.0	2:24	9.1	8:17	1.0	8:36	0.7	7:07	4:42	
21	Thu	2:49	9.0	3:06	8.7	9:01	1.2	9:17	1.0	7:06	4:43	
22	Fri	3:30	9.0	3:54	8.4	9:48	1.2	10:02	1.2	7:05	4:45	
23	Sat	4:16	9.0	4:46	8.2	10:40	1.2	10:52	1.4	7:05	4:46	
24	Sun	5:06	9.2	5:42	8.1	11:35	1.1	11:47	1.4	7:04	4:47	
25	Mon	6:01	9.4	6:42	8.1			12:34	0.8	7:03	4:48	
26	Tue	6:59	9.8	7:44	8.4	12:45	1.3	1:34	0.4	7:02	4:50	
27	Wed	8:00	10.3	8:44	8.9	1:45	0.9	2:33	-0.2	7:01	4:51	
28	Thu	8:59	10.8	9:40	9.5	2:44	0.4	3:29	-0.8	7:00	4:52	
29	Fri	9:55	11.4	10:33	10.1	3:40	-0.2	4:22	-1.4	6:59	4:54	
30	Sat	10:49	11.7	11:24	10.6	4:35	-0.8	5:13	-1.7	6:58	4:55	
31	Sun	11:42	11.8			5:28	-1.2	6:03	-1.9	6:57	4:56	