































Quincy, (Nut Island), MA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:02	9.7	3:36	9.0	9:20	0.7	9:37	1.5	5:11	8:24	
2	Fri	3:46	9.3	4:18	9.0	10:01	1.0	10:24	1.6	5:11	8:24	
3	Sat	4:32	9.0	5:03	9.0	10:44	1.2	11:13	1.7	5:12	8:23	
4	Sun	5:20	8.6	5:48	9.1	11:29	1.5			5:12	8:23	
5	Mon	6:11	8.4	6:34	9.2	12:04	1.7	12:16	1.6	5:13	8:23	
6	Tue	7:03	8.2	7:22	9.3	12:56	1.6	1:05	1.7	5:14	8:23	
7	Wed	7:56	8.2	8:12	9.6	1:48	1.4	1:57	1.7	5:14	8:22	
8	Thu	8:52	8.4	9:04	10.0	2:42	1.0	2:50	1.6	5:15	8:22	
9	Fri	9:46	8.7	9:56	10.5	3:36	0.5	3:43	1.2	5:16	8:22	
10	Sat	10:38	9.1	10:48	11.0	4:28	0.0	4:35	0.8	5:16	8:21	
11	Sun	11:29	9.5	11:39	11.4	5:19	-0.5	5:27	0.4	5:17	8:21	
12	Mon			12:19	9.9	6:08	-0.9	6:19	-0.1	5:18	8:20	
13	Tue	12:31	11.6	1:10	10.3	6:58	-1.2	7:12	-0.4	5:19	8:20	
14	Wed	1:24	11.6	2:01	10.6	7:48	-1.3	8:06	-0.5	5:19	8:19	
15	Thu	2:18	11.5	2:53	10.8	8:38	-1.2	9:00	-0.5	5:20	8:18	
16	Fri	3:12	11.1	3:45	10.9	9:29	-0.9	9:57	-0.4	5:21	8:18	
17	Sat	4:09	10.5	4:40	10.9	10:21	-0.5	10:55	-0.1	5:22	8:17	
18	Sun	5:08	9.9	5:37	10.7	11:16	0.0	11:56	0.1	5:23	8:16	
19	Mon	6:09	9.4	6:34	10.5			12:13	0.5	5:24	8:16	
20	Tue	7:12	9.0	7:33	10.3	12:58	0.3	1:11	1.0	5:25	8:15	
21	Wed	8:15	8.7	8:32	10.1	2:01	0.5	2:10	1.3	5:26	8:14	
22	Thu	9:18	8.6	9:29	10.1	3:03	0.5	3:08	1.4	5:26	8:13	
23	Fri	10:15	8.7	10:21	10.1	4:00	0.5	4:03	1.4	5:27	8:12	
24	Sat	11:04	8.8	11:08	10.2	4:51	0.4	4:52	1.3	5:28	8:11	
25	Sun	11:47	8.9	11:51	10.2	5:35	0.3	5:37	1.2	5:29	8:10	
26	Mon			12:28	9.0	6:15	0.3	6:19	1.1	5:30	8:09	
27	Tue	12:33	10.2	1:06	9.1	6:54	0.3	7:01	1.0	5:31	8:08	
28	Wed	1:13	10.1	1:44	9.2	7:31	0.4	7:42	1.0	5:32	8:07	
29	Thu	1:53	9.9	2:21	9.2	8:08	0.5	8:23	1.1	5:33	8:06	
30	Fri	2:32	9.6	2:58	9.3	8:45	0.7	9:05	1.2	5:34	8:05	
31	Sat	3:13	9.2	3:37	9.3	9:23	0.9	9:48	1.3	5:35	8:04	