


















Quincy, (Nut Island), MA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:55	8.9	4:18	9.2	10:03	1.2	10:34	1.4	5:36	8:03	
2	Mon	4:41	8.6	5:01	9.2	10:47	1.4	11:23	1.5	5:37	8:02	
3	Tue	5:30	8.3	5:49	9.3	11:34	1.6			5:38	8:01	
4	Wed	6:23	8.2	6:40	9.4	12:16	1.4	12:26	1.7	5:39	8:00	
5	Thu	7:19	8.2	7:35	9.7	1:11	1.2	1:20	1.7	5:40	7:58	
6	Fri	8:17	8.4	8:32	10.1	2:08	0.9	2:18	1.4	5:41	7:57	
7	Sat	9:16	8.8	9:30	10.6	3:06	0.4	3:16	1.0	5:42	7:56	
8	Sun	10:12	9.3	10:26	11.1	4:02	-0.1	4:12	0.4	5:43	7:54	
9	Mon	11:04	9.9	11:20	11.6	4:54	-0.7	5:07	-0.2	5:44	7:53	
10	Tue	11:55	10.5			5:45	-1.1	6:00	-0.7	5:46	7:52	
11	Wed	12:13	11.8	12:46	11.0	6:35	-1.4	6:54	-1.0	5:47	7:50	
12	Thu	1:06	11.7	1:37	11.3	7:25	-1.4	7:48	-1.2	5:48	7:49	
13	Fri	2:00	11.4	2:28	11.4	8:14	-1.2	8:41	-1.1	5:49	7:48	
14	Sat	2:54	11.0	3:20	11.3	9:04	-0.8	9:36	-0.7	5:50	7:46	
15	Sun	3:49	10.3	4:14	11.0	9:56	-0.3	10:34	-0.3	5:51	7:45	
16	Mon	4:48	9.7	5:10	10.6	10:51	0.4	11:34	0.1	5:52	7:43	
17	Tue	5:50	9.1	6:10	10.2	11:49	0.9			5:53	7:42	
18	Wed	6:53	8.7	7:10	9.9	12:37	0.5	12:49	1.4	5:54	7:40	
19	Thu	7:57	8.5	8:12	9.7	1:40	0.8	1:49	1.6	5:55	7:39	
20	Fri	9:00	8.4	9:11	9.7	2:44	0.9	2:50	1.7	5:56	7:37	
21	Sat	9:56	8.6	10:04	9.8	3:42	0.8	3:45	1.5	5:57	7:36	
22	Sun	10:42	8.7	10:50	9.9	4:31	0.7	4:33	1.3	5:58	7:34	
23	Mon	11:23	9.0	11:31	10.0	5:12	0.6	5:16	1.1	5:59	7:33	
24	Tue			12:00	9.2	5:49	0.6	5:57	0.9	6:00	7:31	
25	Wed	12:10	10.0	12:35	9.3	6:24	0.5	6:36	0.8	6:01	7:29	
26	Thu	12:48	9.9	1:10	9.5	6:59	0.6	7:15	0.7	6:02	7:28	
27	Fri	1:25	9.7	1:45	9.5	7:34	0.7	7:54	0.8	6:03	7:26	
28	Sat	2:03	9.4	2:21	9.5	8:10	0.8	8:34	0.9	6:05	7:25	
29	Sun	2:41	9.1	2:57	9.5	8:47	1.1	9:15	1.0	6:06	7:23	
30	Mon	3:22	8.9	3:36	9.4	9:26	1.3	9:59	1.1	6:07	7:21	
31	Tue	4:06	8.6	4:20	9.4	10:10	1.5	10:47	1.2	6:08	7:20	