

































Quincy, (Nut Island), MA - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:57	9.9	9:19	11.3	2:47	-0.4	3:02	0.0	5:11	8:24	
2	Sat	9:58	10.0	10:16	11.5	3:47	-0.8	4:00	-0.1	5:11	8:24	
3	Sun	10:55	10.1	11:10	11.6	4:43	-1.0	4:55	-0.2	5:12	8:23	
4	Mon	11:49	10.2			5:36	-1.2	5:48	-0.2	5:13	8:23	
5	Tue	12:02	11.6	12:41	10.2	6:28	-1.2	6:40	-0.1	5:13	8:23	
6	Wed	12:53	11.4	1:33	10.2	7:17	-1.0	7:30	0.1	5:14	8:22	
7	Thu	1:43	11.1	2:22	10.0	8:06	-0.7	8:20	0.4	5:15	8:22	
8	Fri	2:33	10.7	3:10	9.8	8:53	-0.4	9:09	0.7	5:15	8:22	
9	Sat	3:22	10.2	3:58	9.6	9:40	0.1	9:59	1.0	5:16	8:21	
10	Sun	4:12	9.7	4:47	9.4	10:27	0.5	10:51	1.2	5:17	8:21	
11	Mon	5:04	9.3	5:36	9.3	11:16	0.9	11:45	1.4	5:18	8:20	
12	Tue	5:57	8.9	6:26	9.3			12:06	1.3	5:18	8:20	
13	Wed	6:51	8.6	7:16	9.3	12:39	1.5	12:56	1.5	5:19	8:19	
14	Thu	7:46	8.4	8:06	9.3	1:33	1.5	1:46	1.7	5:20	8:19	
15	Fri	8:40	8.3	8:56	9.5	2:27	1.4	2:37	1.7	5:21	8:18	
16	Sat	9:32	8.4	9:44	9.7	3:18	1.2	3:26	1.6	5:22	8:17	
17	Sun	10:20	8.6	10:28	9.9	4:06	0.9	4:13	1.4	5:22	8:17	
18	Mon	11:04	8.8	11:11	10.2	4:50	0.6	4:58	1.2	5:23	8:16	
19	Tue	11:45	9.1	11:52	10.4	5:33	0.3	5:41	0.9	5:24	8:15	
20	Wed			12:27	9.3	6:14	-0.1	6:25	0.7	5:25	8:14	
21	Thu	12:34	10.6	1:09	9.6	6:57	-0.3	7:10	0.4	5:26	8:14	
22	Fri	1:18	10.8	1:52	9.9	7:40	-0.5	7:56	0.2	5:27	8:13	
23	Sat	2:04	10.8	2:37	10.1	8:25	-0.6	8:44	0.0	5:28	8:12	
24	Sun	2:52	10.8	3:24	10.4	9:11	-0.6	9:35	0.0	5:29	8:11	
25	Mon	3:43	10.5	4:14	10.5	10:00	-0.5	10:30	-0.1	5:30	8:10	
26	Tue	4:38	10.3	5:08	10.6	10:53	-0.3	11:28	-0.1	5:31	8:09	
27	Wed	5:36	9.9	6:05	10.7	11:48	0.0			5:32	8:08	
28	Thu	6:37	9.7	7:04	10.8	12:28	-0.1	12:46	0.2	5:33	8:07	
29	Fri	7:40	9.5	8:04	10.8	1:30	-0.1	1:45	0.3	5:34	8:06	
30	Sat	8:44	9.5	9:05	10.9	2:32	-0.2	2:46	0.4	5:35	8:05	
31	Sun	9:46	9.6	10:03	11.0	3:32	-0.4	3:45	0.3	5:36	8:04	