






























## Quincy, (Nut Island), MA - Aug 2016

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Mon | 10:42 | 9.8  | 10:57 | 11.1 | 4:29  | -0.5 | 4:40  | 0.2  | 5:37  | 8:02 |    |
| 2    | Tue | 11:34 | 9.9  | 11:47 | 11.1 | 5:21  | -0.7 | 5:32  | 0.1  | 5:38  | 8:01 |    |
| 3    | Wed |       |      | 12:23 | 10.0 | 6:10  | -0.7 | 6:21  | 0.1  | 5:39  | 8:00 |    |
| 4    | Thu | 12:36 | 10.9 | 1:10  | 10.0 | 6:56  | -0.6 | 7:09  | 0.2  | 5:40  | 7:59 |    |
| 5    | Fri | 1:22  | 10.7 | 1:54  | 9.9  | 7:40  | -0.4 | 7:55  | 0.4  | 5:41  | 7:58 |    |
| 6    | Sat | 2:07  | 10.4 | 2:37  | 9.8  | 8:23  | -0.1 | 8:40  | 0.6  | 5:42  | 7:56 |    |
| 7    | Sun | 2:52  | 10.0 | 3:20  | 9.6  | 9:06  | 0.3  | 9:26  | 0.8  | 5:43  | 7:55 |    |
| 8    | Mon | 3:38  | 9.6  | 4:05  | 9.5  | 9:49  | 0.7  | 10:14 | 1.1  | 5:44  | 7:54 |    |
| 9    | Tue | 4:26  | 9.1  | 4:52  | 9.3  | 10:35 | 1.1  | 11:05 | 1.3  | 5:45  | 7:52 |    |
| 10   | Wed | 5:17  | 8.7  | 5:40  | 9.2  | 11:23 | 1.4  | 11:57 | 1.5  | 5:46  | 7:51 |    |
| 11   | Thu | 6:10  | 8.4  | 6:31  | 9.1  |       |      | 12:13 | 1.7  | 5:47  | 7:50 |    |
| 12   | Fri | 7:03  | 8.2  | 7:22  | 9.1  | 12:50 | 1.6  | 1:04  | 1.8  | 5:48  | 7:48 |   |
| 13   | Sat | 7:58  | 8.2  | 8:14  | 9.2  | 1:44  | 1.5  | 1:57  | 1.8  | 5:49  | 7:47 |  |
| 14   | Sun | 8:52  | 8.3  | 9:06  | 9.5  | 2:37  | 1.3  | 2:49  | 1.7  | 5:50  | 7:45 |  |
| 15   | Mon | 9:43  | 8.6  | 9:54  | 9.9  | 3:28  | 1.0  | 3:39  | 1.4  | 5:51  | 7:44 |  |
| 16   | Tue | 10:29 | 9.0  | 10:40 | 10.3 | 4:16  | 0.6  | 4:27  | 1.0  | 5:52  | 7:42 |  |
| 17   | Wed | 11:13 | 9.4  | 11:24 | 10.7 | 5:01  | 0.1  | 5:13  | 0.5  | 5:53  | 7:41 |  |
| 18   | Thu | 11:55 | 9.8  |       |      | 5:45  | -0.3 | 5:59  | 0.1  | 5:55  | 7:39 |  |
| 19   | Fri | 12:09 | 11.0 | 12:39 | 10.3 | 6:29  | -0.7 | 6:46  | -0.3 | 5:56  | 7:38 |  |
| 20   | Sat | 12:55 | 11.2 | 1:24  | 10.6 | 7:14  | -0.9 | 7:34  | -0.6 | 5:57  | 7:36 |  |
| 21   | Sun | 1:44  | 11.2 | 2:11  | 10.9 | 8:00  | -1.0 | 8:24  | -0.8 | 5:58  | 7:35 |  |
| 22   | Mon | 2:33  | 11.0 | 2:59  | 11.0 | 8:48  | -0.8 | 9:16  | -0.7 | 5:59  | 7:33 |  |
| 23   | Tue | 3:26  | 10.7 | 3:51  | 11.0 | 9:38  | -0.6 | 10:11 | -0.6 | 6:00  | 7:32 |  |
| 24   | Wed | 4:22  | 10.3 | 4:47  | 10.9 | 10:32 | -0.2 | 11:10 | -0.3 | 6:01  | 7:30 |  |
| 25   | Thu | 5:22  | 9.8  | 5:46  | 10.7 | 11:29 | 0.2  |       |      | 6:02  | 7:29 |  |
| 26   | Fri | 6:24  | 9.5  | 6:48  | 10.5 | 12:12 | -0.1 | 12:29 | 0.5  | 6:03  | 7:27 |  |
| 27   | Sat | 7:29  | 9.3  | 7:51  | 10.4 | 1:14  | 0.1  | 1:31  | 0.7  | 6:04  | 7:25 |  |
| 28   | Sun | 8:33  | 9.3  | 8:54  | 10.4 | 2:18  | 0.1  | 2:33  | 0.7  | 6:05  | 7:24 |  |
| 29   | Mon | 9:35  | 9.4  | 9:53  | 10.5 | 3:19  | 0.0  | 3:33  | 0.6  | 6:06  | 7:22 |  |
| 30   | Tue | 10:30 | 9.7  | 10:45 | 10.6 | 4:15  | -0.1 | 4:28  | 0.4  | 6:07  | 7:20 |  |
| 31   | Wed | 11:18 | 9.8  | 11:33 | 10.6 | 5:05  | -0.2 | 5:17  | 0.3  | 6:08  | 7:19 |  |