

































Quincy, (Nut Island), MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:06	8.9	10:15	10.7	3:56	0.2	4:04	1.1	5:11	8:24	
2	Sun	10:58	9.2	11:06	11.2	4:47	-0.3	4:56	0.8	5:11	8:24	
3	Mon	11:49	9.4	11:57	11.5	5:38	-0.7	5:47	0.5	5:12	8:23	
4	Tue			12:42	9.7	6:30	-1.0	6:40	0.2	5:12	8:23	
5	Wed	12:51	11.6	1:35	9.9	7:22	-1.1	7:34	0.1	5:13	8:23	
6	Thu	1:47	11.6	2:29	10.1	8:14	-1.1	8:30	0.0	5:13	8:23	
7	Fri	2:42	11.4	3:23	10.2	9:07	-0.9	9:26	0.1	5:14	8:22	
8	Sat	3:39	11.0	4:19	10.3	10:00	-0.6	10:25	0.2	5:15	8:22	
9	Sun	4:38	10.4	5:16	10.3	10:54	-0.2	11:27	0.3	5:16	8:22	
10	Mon	5:39	9.9	6:13	10.3	11:50	0.2			5:16	8:21	
11	Tue	6:40	9.4	7:09	10.2	12:29	0.5	12:46	0.6	5:17	8:21	
12	Wed	7:42	9.0	8:05	10.2	1:31	0.5	1:41	1.0	5:18	8:20	
13	Thu	8:44	8.8	9:00	10.1	2:32	0.5	2:38	1.3	5:19	8:20	
14	Fri	9:44	8.7	9:52	10.1	3:31	0.5	3:32	1.5	5:19	8:19	
15	Sat	10:37	8.7	10:41	10.1	4:24	0.4	4:23	1.6	5:20	8:18	
16	Sun	11:24	8.7	11:25	10.1	5:12	0.3	5:10	1.6	5:21	8:18	
17	Mon			12:07	8.7	5:55	0.3	5:53	1.5	5:22	8:17	
18	Tue	12:08	10.1	12:48	8.7	6:36	0.4	6:35	1.4	5:23	8:16	
19	Wed	12:50	10.1	1:27	8.8	7:15	0.4	7:17	1.4	5:24	8:16	
20	Thu	1:31	10.0	2:06	8.8	7:54	0.5	7:59	1.4	5:24	8:15	
21	Fri	2:11	9.8	2:44	8.8	8:31	0.6	8:41	1.4	5:25	8:14	
22	Sat	2:51	9.6	3:23	8.9	9:09	0.8	9:23	1.5	5:26	8:13	
23	Sun	3:32	9.3	4:03	9.0	9:48	1.0	10:08	1.6	5:27	8:12	
24	Mon	4:15	9.0	4:44	9.1	10:29	1.1	10:55	1.6	5:28	8:11	
25	Tue	5:01	8.7	5:27	9.2	11:13	1.3	11:45	1.5	5:29	8:11	
26	Wed	5:51	8.5	6:14	9.4	11:59	1.5			5:30	8:10	
27	Thu	6:44	8.4	7:03	9.6	12:37	1.3	12:49	1.6	5:31	8:09	
28	Fri	7:40	8.3	7:56	9.9	1:32	1.0	1:43	1.6	5:32	8:08	
29	Sat	8:39	8.5	8:53	10.3	2:30	0.7	2:40	1.4	5:33	8:07	
30	Sun	9:38	8.8	9:50	10.8	3:28	0.2	3:38	1.0	5:34	8:05	
31	Mon	10:35	9.2	10:47	11.3	4:24	-0.3	4:34	0.5	5:35	8:04	