US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**12:41**	9.9	**1:20**	8.6	**7:06**	0.6	**7:09**	1.6	5:11	8:24	
2	Thu	**1:20**	9.9	**1:58**	8.7	**7:44**	0.6	**7:50**	1.5	5:11	8:24	
3	Fri	**2:00**	9.8	**2:36**	8.8	**8:22**	0.6	**8:31**	1.5	5:12	8:23	
4	Sat	**2:39**	9.7	**3:14**	8.9	**9:00**	0.6	**9:14**	1.4	5:12	8:23	
5	Sun	**3:21**	9.6	**3:54**	9.1	**9:40**	0.6	**10:00**	1.3	5:13	8:23	
6	Mon	**4:05**	9.5	**4:37**	9.4	**10:23**	0.6	**10:50**	1.1	5:14	8:23	
7	Tue	**4:55**	9.3	**5:24**	9.7	**11:09**	0.7	**11:43**	0.9	5:14	8:22	
8	Wed	**5:48**	9.2	**6:13**	10.1	**11:59**	0.8			5:15	8:22	
9	Thu	**6:45**	9.0	**7:06**	10.4	**12:39**	0.6	**12:52**	0.8	5:16	8:22	
10	Fri	**7:45**	9.0	**8:03**	10.8	**1:38**	0.3	**1:49**	0.8	5:16	8:21	
11	Sat	**8:47**	9.1	**9:03**	11.1	**2:38**	-0.1	**2:48**	0.7	5:17	8:21	
12	Sun	**9:49**	9.3	**10:03**	11.4	**3:39**	-0.5	**3:48**	0.5	5:18	8:20	
13	Mon	**10:48**	9.6	**11:01**	11.6	**4:37**	-0.8	**4:46**	0.2	5:19	8:20	
14	Tue	**11:44**	9.9	**11:57**	11.7	**5:33**	-1.1	**5:43**	0.0	5:20	8:19	
15	Wed			**12:40**	10.1	**6:27**	-1.2	**6:38**	-0.1	5:20	8:18	
16	Thu	**12:53**	11.6	**1:34**	10.2	**7:20**	-1.2	**7:33**	-0.1	5:21	8:18	
17	Fri	**1:48**	11.3	**2:27**	10.3	**8:11**	-1.0	**8:27**	0.0	5:22	8:17	
18	Sat	**2:41**	10.9	**3:18**	10.2	**9:00**	-0.6	**9:21**	0.3	5:23	8:16	
19	Sun	**3:35**	10.3	**4:09**	10.0	**9:50**	-0.1	**10:16**	0.6	5:24	8:15	
20	Mon	**4:29**	9.7	**5:00**	9.9	**10:40**	0.5	**11:12**	0.9	5:25	8:15	
21	Tue	**5:25**	9.1	**5:52**	9.6	**11:31**	1.0			5:26	8:14	
22	Wed	**6:22**	8.6	**6:43**	9.5	**12:10**	1.1	**12:23**	1.5	5:27	8:13	
23	Thu	**7:20**	8.2	**7:36**	9.4	**1:07**	1.2	**1:15**	1.9	5:28	8:12	
24	Fri	**8:19**	8.0	**8:29**	9.3	**2:06**	1.3	**2:09**	2.1	5:28	8:11	
25	Sat	**9:17**	8.0	**9:23**	9.4	**3:03**	1.3	**3:03**	2.2	5:29	8:10	
26	Sun	**10:09**	8.1	**10:12**	9.6	**3:56**	1.2	**3:53**	2.0	5:30	8:09	
27	Mon	**10:54**	8.2	**10:57**	9.7	**4:42**	1.0	**4:40**	1.8	5:31	8:08	
28	Tue	**11:35**	8.4	**11:38**	9.9	**5:23**	0.8	**5:22**	1.6	5:32	8:07	
29	Wed			**12:14**	8.6	**6:01**	0.7	**6:03**	1.4	5:33	8:06	
30	Thu	**12:17**	10.0	**12:51**	8.8	**6:38**	0.5	**6:44**	1.2	5:34	8:05	
31	Fri	**12:55**	10.0	**1:27**	9.0	**7:15**	0.4	**7:24**	1.1	5:35	8:04	