US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jul 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:33	9.9	4:09	9.4	9:50	0.4	10:12	1.2	5:11	8:24	
2	Mon	4:23	9.4	4:57	9.3	10:36	0.9	11:04	1.4	5:11	8:24	
3	Tue	5:15	9.0	5:45	9.2	11:24	1.3	11:58	1.5	5:12	8:23	
4	Wed	6:08	8.6	6:34	9.2			12:12	1.6	5:13	8:23	
5	Thu	7:02	8.3	7:23	9.2	12:52	1.6	1:02	1.9	5:13	8:23	
6	Fri	7:57	8.1	8:13	9.2	1:46	1.6	1:52	2.0	5:14	8:23	
7	Sat	8:51	8.1	9:04	9.4	2:40	1.5	2:43	2.0	5:15	8:22	
8	Sun	9:43	8.2	9:52	9.6	3:31	1.2	3:33	1.9	5:15	8:22	
9	Mon	10:31	8.4	10:36	9.9	4:19	0.9	4:20	1.7	5:16	8:21	
10	Tue	11:14	8.6	11:19	10.2	5:02	0.6	5:05	1.4	5:17	8:21	
11	Wed	11:56	8.9			5:45	0.3	5:50	1.1	5:17	8:20	
12	Thu	12:01	10.4	12:38	9.2	6:27	-0.1	6:34	0.8	5:18	8:20	
13	Fri	12:45	10.7	1:21	9.6	7:10	-0.3	7:20	0.5	5:19	8:19	
14	Sat	1:30	10.8	2:04	9.9	7:53	-0.5	8:08	0.2	5:20	8:19	
15	Sun	2:16	10.8	2:49	10.2	8:37	-0.5	8:57	0.0	5:21	8:18	
16	Mon	3:05	10.6	3:37	10.5	9:24	-0.5	9:49	0.0	5:21	8:17	
17	Tue	3:57	10.3	4:27	10.7	10:13	-0.3	10:45	-0.1	5:22	8:17	
18	Wed	4:53	9.9	5:21	10.8	11:05	0.0	11:44	0.0	5:23	8:16	
19	Thu	5:53	9.5	6:18	10.8			12:01	0.3	5:24	8:15	
20	Fri	6:55	9.2	7:17	10.8	12:45	0.0	12:59	0.6	5:25	8:14	
21	Sat	7:58	9.0	8:18	10.7	1:47	0.1	1:59	0.7	5:26	8:14	
22	Sun	9:03	9.0	9:20	10.8	2:50	0.0	3:01	0.8	5:27	8:13	
23	Mon	10:05	9.2	10:18	10.8	3:50	-0.1	4:00	0.7	5:28	8:12	
24	Tue	11:00	9.4	11:11	10.9	4:46	-0.3	4:55	0.6	5:29	8:11	
25	Wed	11:51	9.5			5:37	-0.4	5:46	0.5	5:30	8:10	
26	Thu	12:01	10.8	12:39	9.6	6:24	-0.4	6:35	0.5	5:31	8:09	
27	Fri	12:48	10.7	1:23	9.7	7:09	-0.3	7:21	0.5	5:32	8:08	
28	Sat	1:33	10.5	2:06	9.7	7:51	-0.1	8:07	0.6	5:33	8:07	
29	Sun	2:18	10.1	2:47	9.6	8:32	0.2	8:52	0.8	5:34	8:06	
30	Mon	3:02	9.7	3:29	9.5	9:13	0.6	9:37	1.0	5:35	8:05	
31	Tue	3:47	9.2	4:12	9.4	9:55	1.0	10:25	1.2	5:36	8:04	