US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:43	10.2	9:23	9.4	2:23	0.6	3:06	-0.1	6:18	5:33	
2	Sat	9:39	10.3	10:12	9.7	3:21	0.3	3:56	-0.3	6:16	5:34	
3	Sun	10:27	10.5	10:56	10.0	4:12	0.0	4:42	-0.4	6:15	5:36	
4	Mon	11:12	10.4	11:37	10.1	4:59	-0.2	5:23	-0.4	6:13	5:37	
5	Tue	11:54	10.3			5:42	-0.3	6:03	-0.2	6:11	5:38	
6	Wed	12:15	10.1	12:36	10.0	6:24	-0.2	6:42	0.1	6:10	5:39	
7	Thu	12:54	10.0	1:17	9.7	7:06	-0.1	7:21	0.4	6:08	5:40	
8	Fri	1:32	9.9	1:58	9.2	7:48	0.2	8:01	0.8	6:06	5:42	
9	Sat	2:12	9.6	2:42	8.8	8:31	0.5	8:43	1.2	6:05	5:43	
10	Sun	3:56	9.3	4:29	8.4	10:18	0.9	10:29	1.6	7:03	6:44	
11	Mon	4:43	9.0	5:21	8.0	11:08	1.3	11:20	1.9	7:01	6:45	
12	Tue	5:35	8.8	6:15	7.8			12:02	1.6	7:00	6:46	
13	Wed	6:31	8.7	7:12	7.8	12:14	2.1	12:57	1.6	6:58	6:47	
14	Thu	7:27	8.7	8:08	8.0	1:10	2.1	1:52	1.5	6:56	6:49	
15	Fri	8:23	9.0	9:01	8.4	2:06	1.8	2:46	1.2	6:55	6:50	
16	Sat	9:16	9.4	9:50	8.9	3:00	1.4	3:36	0.7	6:53	6:51	
17	Sun	10:06	9.9	10:34	9.6	3:52	0.8	4:23	0.2	6:51	6:52	
18	Mon	10:52	10.3	11:16	10.3	4:40	0.1	5:07	-0.3	6:49	6:53	
19	Tue	11:38	10.7	11:59	10.9	5:27	-0.6	5:50	-0.7	6:48	6:54	
20	Wed			12:24	10.9	6:14	-1.1	6:35	-0.9	6:46	6:55	
21	Thu	12:43	11.3	1:12	10.9	7:02	-1.5	7:21	-0.9	6:44	6:57	
22	Fri	1:29	11.6	2:01	10.7	7:51	-1.6	8:08	-0.8	6:42	6:58	
23	Sat	2:18	11.6	2:53	10.3	8:42	-1.4	8:59	-0.4	6:41	6:59	
24	Sun	3:09	11.3	3:48	9.9	9:35	-1.0	9:52	0.0	6:39	7:00	
25	Mon	4:05	10.9	4:48	9.4	10:33	-0.5	10:51	0.5	6:37	7:01	
26	Tue	5:07	10.4	5:53	9.1	11:35	0.0	11:55	0.9	6:36	7:02	
27	Wed	6:13	10.0	7:00	8.9			12:40	0.3	6:34	7:03	
28	Thu	7:20	9.8	8:07	9.0	1:01	1.1	1:45	0.5	6:32	7:05	
29	Fri	8:28	9.7	9:10	9.2	2:07	1.0	2:49	0.5	6:30	7:06	
30	Sat	9:30	9.8	10:04	9.6	3:11	0.8	3:46	0.4	6:29	7:07	
31	Sun	10:24	9.9	10:50	9.8	4:08	0.5	4:34	0.3	6:27	7:08	