US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:04	10.0	12:40	8.8	6:27	0.5	6:31	1.3	5:11	8:24	
2	Tue	12:43	10.1	1:18	9.0	7:06	0.4	7:12	1.2	5:11	8:24	
3	Wed	1:22	10.0	1:56	9.1	7:44	0.3	7:53	1.1	5:12	8:23	
4	Thu	2:01	10.0	2:35	9.3	8:23	0.2	8:36	1.0	5:12	8:23	
5	Fri	2:42	10.0	3:15	9.5	9:03	0.2	9:20	0.9	5:13	8:23	
6	Sat	3:26	9.9	3:58	9.7	9:46	0.2	10:09	0.8	5:14	8:23	
7	Sun	4:14	9.7	4:45	10.0	10:32	0.3	11:01	0.6	5:14	8:22	
8	Mon	5:07	9.5	5:35	10.3	11:22	0.4	11:58	0.4	5:15	8:22	
9	Tue	6:04	9.4	6:29	10.6			12:15	0.5	5:16	8:21	
10	Wed	7:03	9.3	7:26	10.8	12:56	0.2	1:12	0.5	5:16	8:21	
11	Thu	8:05	9.3	8:26	11.1	1:57	-0.1	2:11	0.4	5:17	8:21	
12	Fri	9:08	9.4	9:27	11.4	2:58	-0.4	3:11	0.3	5:18	8:20	
13	Sat	10:09	9.7	10:25	11.6	3:58	-0.7	4:11	0.0	5:19	8:19	
14	Sun	11:07	10.0	11:22	11.7	4:55	-1.0	5:07	-0.2	5:20	8:19	
15	Mon			12:02	10.2	5:49	-1.2	6:02	-0.3	5:20	8:18	
16	Tue	12:16	11.7	12:56	10.4	6:41	-1.2	6:56	-0.3	5:21	8:18	
17	Wed	1:10	11.5	1:47	10.4	7:31	-1.1	7:49	-0.2	5:22	8:17	
18	Thu	2:02	11.1	2:37	10.3	8:20	-0.8	8:40	0.0	5:23	8:16	
19	Fri	2:53	10.6	3:26	10.2	9:08	-0.4	9:32	0.4	5:24	8:15	
20	Sat	3:44	10.1	4:15	9.9	9:55	0.2	10:25	0.7	5:25	8:15	
21	Sun	4:36	9.5	5:05	9.7	10:44	0.7	11:19	1.0	5:26	8:14	
22	Mon	5:31	9.0	5:56	9.5	11:35	1.2			5:27	8:13	
23	Tue	6:27	8.5	6:48	9.4	12:15	1.2	12:26	1.6	5:28	8:12	
24	Wed	7:23	8.2	7:41	9.3	1:12	1.3	1:19	1.9	5:29	8:11	
25	Thu	8:20	8.1	8:35	9.3	2:08	1.4	2:12	2.0	5:29	8:10	
26	Fri	9:15	8.1	9:27	9.5	3:04	1.3	3:04	1.9	5:30	8:09	
27	Sat	10:05	8.3	10:14	9.7	3:54	1.1	3:54	1.7	5:31	8:08	
28	Sun	10:50	8.5	10:57	9.9	4:38	0.9	4:39	1.5	5:32	8:07	
29	Mon	11:31	8.8	11:37	10.0	5:19	0.6	5:22	1.2	5:33	8:06	
30	Tue			12:09	9.0	5:58	0.4	6:04	1.0	5:34	8:05	
31	Wed	12:16	10.2	12:47	9.3	6:36	0.2	6:45	0.8	5:35	8:04	