US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**12:55**	10.3	**1:25**	9.6	**7:14**	0.0	**7:28**	0.5	5:36	8:03	
2	Fri	**1:36**	10.3	**2:04**	9.9	**7:54**	-0.1	**8:11**	0.3	5:37	8:02	
3	Sat	**2:18**	10.2	**2:45**	10.1	**8:35**	-0.1	**8:57**	0.2	5:38	8:01	
4	Sun	**3:03**	10.1	**3:28**	10.4	**9:18**	0.0	**9:45**	0.1	5:39	7:59	
5	Mon	**3:52**	9.8	**4:17**	10.5	**10:05**	0.2	**10:39**	0.1	5:41	7:58	
6	Tue	**4:46**	9.5	**5:10**	10.6	**10:56**	0.4	**11:36**	0.1	5:42	7:57	
7	Wed	**5:44**	9.3	**6:07**	10.6	**11:53**	0.6			5:43	7:56	
8	Thu	**6:46**	9.1	**7:08**	10.7	**12:37**	0.1	**12:52**	0.7	5:44	7:54	
9	Fri	**7:50**	9.1	**8:11**	10.8	**1:39**	0.1	**1:54**	0.6	5:45	7:53	
10	Sat	**8:55**	9.3	**9:15**	10.9	**2:42**	-0.1	**2:57**	0.5	5:46	7:52	
11	Sun	**9:57**	9.6	**10:15**	11.1	**3:43**	-0.4	**3:58**	0.2	5:47	7:50	
12	Mon	**10:54**	9.9	**11:10**	11.2	**4:40**	-0.6	**4:54**	-0.1	5:48	7:49	
13	Tue	**11:46**	10.2			**5:32**	-0.8	**5:47**	-0.3	5:49	7:47	
14	Wed	**12:01**	11.2	**12:35**	10.4	**6:20**	-0.8	**6:38**	-0.3	5:50	7:46	
15	Thu	**12:51**	11.0	**1:22**	10.5	**7:07**	-0.7	**7:27**	-0.2	5:51	7:45	
16	Fri	**1:39**	10.7	**2:07**	10.4	**7:52**	-0.4	**8:15**	0.0	5:52	7:43	
17	Sat	**2:26**	10.3	**2:51**	10.2	**8:36**	0.0	**9:02**	0.3	5:53	7:42	
18	Sun	**3:13**	9.8	**3:36**	9.9	**9:20**	0.5	**9:50**	0.6	5:54	7:40	
19	Mon	**4:02**	9.2	**4:22**	9.6	**10:06**	1.0	**10:41**	1.0	5:55	7:39	
20	Tue	**4:54**	8.7	**5:12**	9.4	**10:54**	1.5	**11:35**	1.3	5:56	7:37	
21	Wed	**5:48**	8.3	**6:06**	9.2	**11:46**	1.9			5:57	7:35	
22	Thu	**6:44**	8.1	**7:00**	9.1	**12:31**	1.5	**12:39**	2.1	5:58	7:34	
23	Fri	**7:40**	8.0	**7:56**	9.1	**1:27**	1.6	**1:34**	2.1	5:59	7:32	
24	Sat	**8:36**	8.1	**8:50**	9.2	**2:22**	1.5	**2:28**	2.0	6:00	7:31	
25	Sun	**9:28**	8.3	**9:40**	9.5	**3:15**	1.3	**3:20**	1.7	6:02	7:29	
26	Mon	**10:14**	8.7	**10:25**	9.8	**4:01**	1.0	**4:08**	1.3	6:03	7:28	
27	Tue	**10:55**	9.1	**11:07**	10.1	**4:43**	0.7	**4:53**	0.9	6:04	7:26	
28	Wed	**11:34**	9.5	**11:47**	10.3	**5:23**	0.3	**5:35**	0.5	6:05	7:24	
29	Thu			**12:12**	9.9	**6:02**	0.0	**6:18**	0.1	6:06	7:23	
30	Fri	**12:28**	10.5	**12:51**	10.3	**6:42**	-0.2	**7:02**	-0.2	6:07	7:21	
31	Sat	**1:11**	10.5	**1:32**	10.6	**7:24**	-0.3	**7:47**	-0.5	6:08	7:19	