

































Quincy, (Nut Island), MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:54	10.1	3:30	9.4	9:13	0.2	9:30	1.1	5:11	8:24	
2	Sat	3:41	9.7	4:16	9.3	9:58	0.6	10:19	1.3	5:11	8:24	
3	Sun	4:30	9.3	5:03	9.2	10:45	0.9	11:10	1.5	5:12	8:23	
4	Mon	5:21	8.9	5:52	9.2	11:32	1.2			5:13	8:23	
5	Tue	6:13	8.6	6:40	9.2	12:03	1.6	12:21	1.5	5:13	8:23	
6	Wed	7:06	8.4	7:29	9.3	12:55	1.6	1:10	1.6	5:14	8:23	
7	Thu	7:59	8.3	8:19	9.4	1:48	1.5	2:00	1.7	5:15	8:22	
8	Fri	8:53	8.4	9:08	9.6	2:40	1.3	2:50	1.6	5:15	8:22	
9	Sat	9:43	8.5	9:55	9.9	3:31	1.0	3:40	1.4	5:16	8:21	
10	Sun	10:31	8.8	10:39	10.3	4:18	0.6	4:27	1.1	5:17	8:21	
11	Mon	11:15	9.1	11:24	10.7	5:04	0.1	5:13	0.8	5:17	8:20	
12	Tue			12:00	9.5	5:48	-0.3	5:59	0.5	5:18	8:20	
13	Wed	12:09	11.0	12:45	9.8	6:33	-0.6	6:47	0.1	5:19	8:19	
14	Thu	12:56	11.2	1:31	10.1	7:20	-0.9	7:36	-0.1	5:20	8:19	
15	Fri	1:44	11.3	2:19	10.4	8:06	-1.0	8:26	-0.3	5:21	8:18	
16	Sat	2:35	11.2	3:08	10.6	8:55	-1.0	9:18	-0.3	5:22	8:17	
17	Sun	3:27	10.9	4:00	10.7	9:45	-0.8	10:14	-0.3	5:22	8:17	
18	Mon	4:23	10.5	4:55	10.8	10:38	-0.5	11:13	-0.2	5:23	8:16	
19	Tue	5:22	10.1	5:52	10.8	11:34	-0.2			5:24	8:15	
20	Wed	6:23	9.7	6:51	10.7	12:13	-0.1	12:31	0.1	5:25	8:14	
21	Thu	7:26	9.5	7:51	10.7	1:15	0.0	1:30	0.4	5:26	8:14	
22	Fri	8:30	9.3	8:51	10.7	2:17	0.0	2:30	0.6	5:27	8:13	
23	Sat	9:32	9.3	9:49	10.7	3:18	-0.1	3:28	0.6	5:28	8:12	
24	Sun	10:29	9.4	10:42	10.7	4:15	-0.2	4:24	0.6	5:29	8:11	
25	Mon	11:19	9.6	11:31	10.7	5:06	-0.3	5:14	0.5	5:30	8:10	
26	Tue			12:06	9.6	5:53	-0.3	6:02	0.5	5:31	8:09	
27	Wed	12:16	10.6	12:51	9.6	6:37	-0.3	6:47	0.5	5:32	8:08	
28	Thu	1:00	10.5	1:33	9.6	7:20	-0.1	7:31	0.6	5:33	8:07	
29	Fri	1:43	10.3	2:14	9.6	8:00	0.1	8:15	0.7	5:34	8:06	
30	Sat	2:26	10.0	2:55	9.5	8:41	0.3	8:59	0.9	5:35	8:05	
31	Sun	3:09	9.6	3:37	9.4	9:22	0.6	9:44	1.1	5:36	8:04	