

































## Quincy, (Nut Island), MA - Nov 2023

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Tue | 6:28  | 9.2  | 6:48  | 9.8  | 12:14 | 0.6  | 12:40 | 1.0  | 7:17  | 5:37 |    |
| 2    | Wed | 7:25  | 9.7  | 7:48  | 10.0 | 1:11  | 0.3  | 1:39  | 0.5  | 7:18  | 5:35 |    |
| 3    | Thu | 8:22  | 10.3 | 8:49  | 10.4 | 2:07  | 0.0  | 2:39  | -0.1 | 7:20  | 5:34 |    |
| 4    | Fri | 9:17  | 11.0 | 9:47  | 10.7 | 3:03  | -0.4 | 3:37  | -0.8 | 7:21  | 5:33 |    |
| 5    | Sat | 10:11 | 11.6 | 10:42 | 11.0 | 3:58  | -0.7 | 4:32  | -1.4 | 7:22  | 5:32 |    |
| 6    | Sun | 10:02 | 12.0 | 10:36 | 11.1 | 3:50  | -1.0 | 4:25  | -1.8 | 6:23  | 4:31 |    |
| 7    | Mon | 10:53 | 12.2 | 11:29 | 11.1 | 4:41  | -1.1 | 5:17  | -2.0 | 6:25  | 4:29 |    |
| 8    | Tue | 11:45 | 12.2 |       |      | 5:33  | -1.0 | 6:09  | -1.9 | 6:26  | 4:28 |    |
| 9    | Wed | 12:22 | 10.9 | 12:37 | 11.9 | 6:24  | -0.7 | 7:02  | -1.6 | 6:27  | 4:27 |    |
| 10   | Thu | 1:16  | 10.5 | 1:30  | 11.4 | 7:17  | -0.3 | 7:54  | -1.1 | 6:28  | 4:26 |    |
| 11   | Fri | 2:11  | 10.1 | 2:24  | 10.8 | 8:10  | 0.2  | 8:48  | -0.5 | 6:30  | 4:25 |    |
| 12   | Sat | 3:07  | 9.7  | 3:21  | 10.2 | 9:06  | 0.8  | 9:44  | 0.1  | 6:31  | 4:24 |   |
| 13   | Sun | 4:06  | 9.3  | 4:21  | 9.6  | 10:04 | 1.2  | 10:42 | 0.6  | 6:32  | 4:23 |  |
| 14   | Mon | 5:05  | 9.1  | 5:22  | 9.3  | 11:05 | 1.4  | 11:40 | 0.9  | 6:33  | 4:22 |  |
| 15   | Tue | 6:02  | 9.0  | 6:21  | 9.0  |       |      | 12:05 | 1.5  | 6:34  | 4:21 |  |
| 16   | Wed | 6:56  | 9.1  | 7:19  | 8.9  | 12:35 | 1.1  | 1:03  | 1.4  | 6:36  | 4:21 |  |
| 17   | Thu | 7:47  | 9.3  | 8:13  | 8.9  | 1:27  | 1.2  | 1:58  | 1.2  | 6:37  | 4:20 |  |
| 18   | Fri | 8:34  | 9.5  | 9:01  | 9.0  | 2:16  | 1.2  | 2:47  | 0.9  | 6:38  | 4:19 |  |
| 19   | Sat | 9:16  | 9.8  | 9:44  | 9.1  | 3:00  | 1.1  | 3:31  | 0.6  | 6:39  | 4:18 |  |
| 20   | Sun | 9:55  | 10.0 | 10:24 | 9.1  | 3:40  | 1.1  | 4:11  | 0.4  | 6:41  | 4:18 |  |
| 21   | Mon | 10:32 | 10.1 | 11:03 | 9.1  | 4:19  | 1.0  | 4:50  | 0.2  | 6:42  | 4:17 |  |
| 22   | Tue | 11:09 | 10.1 | 11:41 | 9.1  | 4:58  | 1.0  | 5:28  | 0.1  | 6:43  | 4:16 |  |
| 23   | Wed | 11:46 | 10.1 |       |      | 5:37  | 1.0  | 6:07  | 0.1  | 6:44  | 4:16 |  |
| 24   | Thu | 12:19 | 9.1  | 12:24 | 10.1 | 6:17  | 1.0  | 6:47  | 0.1  | 6:45  | 4:15 |  |
| 25   | Fri | 12:59 | 9.0  | 1:04  | 10.1 | 6:58  | 1.0  | 7:29  | 0.1  | 6:46  | 4:14 |  |
| 26   | Sat | 1:40  | 9.0  | 1:47  | 10.0 | 7:42  | 1.1  | 8:13  | 0.1  | 6:48  | 4:14 |  |
| 27   | Sun | 2:25  | 9.1  | 2:34  | 9.9  | 8:29  | 1.1  | 9:00  | 0.2  | 6:49  | 4:13 |  |
| 28   | Mon | 3:13  | 9.2  | 3:27  | 9.8  | 9:20  | 1.0  | 9:52  | 0.2  | 6:50  | 4:13 |  |
| 29   | Tue | 4:06  | 9.4  | 4:24  | 9.8  | 10:17 | 0.9  | 10:46 | 0.2  | 6:51  | 4:13 |  |
| 30   | Wed | 5:01  | 9.7  | 5:24  | 9.8  | 11:17 | 0.6  | 11:43 | 0.1  | 6:52  | 4:12 |  |