

































## Quincy, (Nut Island), MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:11	8.9	3:23	9.3	9:10	1.2	9:42	0.7	7:12	4:22	
2	Fri	4:01	8.8	4:17	8.7	10:04	1.5	10:31	1.2	7:12	4:23	
3	Sat	4:51	8.7	5:13	8.3	11:00	1.6	11:21	1.5	7:12	4:23	
4	Sun	5:41	8.7	6:09	8.0	11:57	1.6			7:12	4:24	
5	Mon	6:31	8.8	7:06	7.8	12:11	1.8	12:53	1.5	7:12	4:25	
6	Tue	7:22	8.9	8:03	7.8	1:01	2.0	1:49	1.3	7:12	4:26	
7	Wed	8:12	9.1	8:54	7.9	1:52	2.0	2:40	1.1	7:12	4:27	
8	Thu	8:59	9.3	9:40	8.1	2:41	1.9	3:26	0.8	7:12	4:28	
9	Fri	9:42	9.6	10:22	8.3	3:27	1.6	4:09	0.5	7:11	4:29	
10	Sat	10:23	9.9	11:02	8.5	4:11	1.4	4:49	0.2	7:11	4:30	
11	Sun	11:04	10.1	11:42	8.7	4:53	1.1	5:30	-0.1	7:11	4:32	
12	Mon	11:45	10.4			5:35	0.8	6:11	-0.3	7:11	4:33	
13	Tue	12:22	9.0	12:28	10.5	6:19	0.6	6:53	-0.5	7:10	4:34	
14	Wed	1:04	9.2	1:12	10.5	7:04	0.4	7:35	-0.6	7:10	4:35	
15	Thu	1:46	9.5	1:59	10.4	7:51	0.2	8:20	-0.5	7:09	4:36	
16	Fri	2:32	9.8	2:49	10.1	8:41	0.1	9:07	-0.3	7:09	4:37	
17	Sat	3:20	10.0	3:44	9.7	9:36	0.1	9:58	0.0	7:08	4:38	
18	Sun	4:13	10.1	4:43	9.2	10:35	0.1	10:53	0.3	7:08	4:40	
19	Mon	5:09	10.2	5:45	8.9	11:37	0.1	11:51	0.6	7:07	4:41	
20	Tue	6:08	10.3	6:51	8.6			12:40	0.1	7:07	4:42	
21	Wed	7:10	10.3	7:57	8.6	12:51	0.8	1:45	-0.1	7:06	4:43	
22	Thu	8:14	10.4	9:01	8.8	1:54	0.8	2:48	-0.3	7:05	4:45	
23	Fri	9:14	10.6	9:58	9.0	2:55	0.7	3:45	-0.5	7:04	4:46	
24	Sat	10:09	10.7	10:50	9.2	3:51	0.5	4:37	-0.7	7:04	4:47	
25	Sun	11:00	10.7	11:39	9.4	4:43	0.4	5:26	-0.7	7:03	4:48	
26	Mon	11:48	10.6			5:33	0.3	6:12	-0.6	7:02	4:50	
27	Tue	12:25	9.4	12:34	10.4	6:20	0.3	6:55	-0.4	7:01	4:51	
28	Wed	1:08	9.4	1:18	10.1	7:05	0.4	7:36	-0.1	7:00	4:52	
29	Thu	1:50	9.3	2:02	9.7	7:50	0.6	8:17	0.3	6:59	4:53	
30	Fri	2:31	9.2	2:48	9.1	8:36	0.8	8:59	0.8	6:58	4:55	
31	Sat	3:14	9.0	3:36	8.6	9:24	1.1	9:43	1.3	6:57	4:56	