


































## Quincy, (Nut Island), MA - Jan 2024

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Fri | 11:43 | 9.9  |       |      | 5:31  | 1.3  | 6:07  | 0.3  | 7:12  | 4:21 |    |
| 2    | Sat | 12:19 | 8.5  | 12:21 | 9.9  | 6:11  | 1.2  | 6:44  | 0.3  | 7:12  | 4:22 |    |
| 3    | Sun | 12:57 | 8.6  | 1:00  | 9.8  | 6:51  | 1.2  | 7:22  | 0.3  | 7:12  | 4:23 |    |
| 4    | Mon | 1:34  | 8.7  | 1:39  | 9.7  | 7:32  | 1.1  | 8:01  | 0.3  | 7:12  | 4:24 |    |
| 5    | Tue | 2:13  | 8.8  | 2:21  | 9.6  | 8:15  | 1.1  | 8:42  | 0.3  | 7:12  | 4:25 |    |
| 6    | Wed | 2:54  | 9.0  | 3:08  | 9.4  | 9:02  | 1.0  | 9:26  | 0.4  | 7:12  | 4:26 |    |
| 7    | Thu | 3:39  | 9.3  | 3:59  | 9.1  | 9:54  | 0.9  | 10:14 | 0.6  | 7:12  | 4:27 |    |
| 8    | Fri | 4:28  | 9.5  | 4:56  | 8.9  | 10:50 | 0.7  | 11:07 | 0.7  | 7:12  | 4:28 |    |
| 9    | Sat | 5:21  | 9.8  | 5:56  | 8.7  | 11:50 | 0.4  |       |      | 7:12  | 4:29 |    |
| 10   | Sun | 6:18  | 10.2 | 6:59  | 8.7  | 12:03 | 0.8  | 12:51 | 0.1  | 7:11  | 4:30 |    |
| 11   | Mon | 7:18  | 10.5 | 8:04  | 8.9  | 1:03  | 0.7  | 1:54  | -0.3 | 7:11  | 4:31 |    |
| 12   | Tue | 8:20  | 10.8 | 9:06  | 9.1  | 2:04  | 0.6  | 2:55  | -0.7 | 7:11  | 4:32 |   |
| 13   | Wed | 9:19  | 11.2 | 10:04 | 9.5  | 3:04  | 0.3  | 3:52  | -1.1 | 7:10  | 4:33 |  |
| 14   | Thu | 10:16 | 11.4 | 10:59 | 9.8  | 4:01  | -0.1 | 4:47  | -1.3 | 7:10  | 4:35 |  |
| 15   | Fri | 11:12 | 11.5 | 11:53 | 10.0 | 4:56  | -0.3 | 5:40  | -1.4 | 7:09  | 4:36 |  |
| 16   | Sat |       |      | 12:05 | 11.4 | 5:50  | -0.4 | 6:30  | -1.3 | 7:09  | 4:37 |  |
| 17   | Sun | 12:44 | 10.1 | 12:58 | 11.1 | 6:43  | -0.3 | 7:19  | -1.1 | 7:08  | 4:38 |  |
| 18   | Mon | 1:35  | 10.0 | 1:49  | 10.6 | 7:35  | -0.1 | 8:07  | -0.7 | 7:08  | 4:39 |  |
| 19   | Tue | 2:24  | 9.9  | 2:40  | 10.0 | 8:27  | 0.2  | 8:55  | -0.1 | 7:07  | 4:41 |  |
| 20   | Wed | 3:13  | 9.7  | 3:33  | 9.3  | 9:20  | 0.5  | 9:44  | 0.5  | 7:07  | 4:42 |  |
| 21   | Thu | 4:03  | 9.4  | 4:28  | 8.7  | 10:15 | 0.9  | 10:34 | 1.1  | 7:06  | 4:43 |  |
| 22   | Fri | 4:54  | 9.2  | 5:26  | 8.2  | 11:13 | 1.1  | 11:26 | 1.6  | 7:05  | 4:44 |  |
| 23   | Sat | 5:46  | 9.0  | 6:26  | 7.8  |       |      | 12:12 | 1.3  | 7:05  | 4:45 |  |
| 24   | Sun | 6:41  | 8.9  | 7:26  | 7.7  | 12:20 | 1.9  | 1:12  | 1.3  | 7:04  | 4:47 |  |
| 25   | Mon | 7:36  | 9.0  | 8:25  | 7.7  | 1:15  | 2.1  | 2:10  | 1.2  | 7:03  | 4:48 |  |
| 26   | Tue | 8:30  | 9.1  | 9:16  | 7.9  | 2:10  | 2.0  | 3:03  | 1.0  | 7:02  | 4:49 |  |
| 27   | Wed | 9:19  | 9.3  | 10:00 | 8.1  | 3:00  | 1.8  | 3:47  | 0.8  | 7:01  | 4:51 |  |
| 28   | Thu | 10:02 | 9.6  | 10:39 | 8.3  | 3:45  | 1.5  | 4:27  | 0.5  | 7:00  | 4:52 |  |
| 29   | Fri | 10:42 | 9.8  | 11:16 | 8.6  | 4:27  | 1.2  | 5:04  | 0.3  | 7:00  | 4:53 |  |
| 30   | Sat | 11:20 | 10.0 | 11:52 | 8.8  | 5:07  | 1.0  | 5:41  | 0.1  | 6:59  | 4:54 |  |
| 31   | Sun | 11:58 | 10.1 |       |      | 5:47  | 0.8  | 6:17  | -0.1 | 6:58  | 4:56 |  |