



























Quincy, (Nut Island), MA - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:39	10.1	5:17	10.0	10:55	0.1	11:25	0.8	5:11	8:24	
2	Sat	5:38	9.6	6:12	9.9	11:49	0.6			5:12	8:24	
3	Sun	6:38	9.0	7:05	9.8	12:25	1.0	12:43	1.1	5:12	8:23	
4	Mon	7:37	8.7	7:58	9.7	1:25	1.0	1:36	1.5	5:13	8:23	
5	Tue	8:37	8.4	8:49	9.7	2:24	1.0	2:29	1.8	5:13	8:23	
6	Wed	9:34	8.3	9:39	9.7	3:21	0.9	3:21	1.9	5:14	8:22	
7	Thu	10:25	8.3	10:26	9.8	4:12	0.8	4:10	1.9	5:15	8:22	
8	Fri	11:10	8.4	11:10	9.9	4:58	0.7	4:54	1.8	5:16	8:22	
9	Sat	11:52	8.4	11:51	9.9	5:39	0.7	5:37	1.7	5:16	8:21	
10	Sun			12:31	8.5	6:18	0.6	6:18	1.6	5:17	8:21	
11	Mon	12:32	9.9	1:09	8.6	6:56	0.6	6:59	1.5	5:18	8:20	
12	Tue	1:11	9.9	1:47	8.7	7:33	0.6	7:39	1.5	5:19	8:20	
13	Wed	1:50	9.8	2:24	8.8	8:10	0.6	8:20	1.4	5:19	8:19	
14	Thu	2:29	9.7	3:01	9.0	8:48	0.6	9:02	1.4	5:20	8:19	
15	Fri	3:09	9.6	3:40	9.2	9:26	0.6	9:46	1.3	5:21	8:18	
16	Sat	3:51	9.4	4:21	9.4	10:07	0.7	10:33	1.2	5:22	8:17	
17	Sun	4:38	9.2	5:05	9.7	10:51	0.8	11:25	1.0	5:23	8:17	
18	Mon	5:30	9.0	5:54	10.0	11:40	0.9			5:24	8:16	
19	Tue	6:26	8.9	6:47	10.2	12:21	0.7	12:33	1.0	5:24	8:15	
20	Wed	7:25	8.8	7:44	10.5	1:19	0.5	1:29	1.0	5:25	8:14	
21	Thu	8:28	8.9	8:44	10.9	2:19	0.1	2:29	0.9	5:26	8:13	
22	Fri	9:31	9.1	9:45	11.2	3:21	-0.2	3:30	0.7	5:27	8:12	
23	Sat	10:31	9.4	10:44	11.5	4:20	-0.6	4:29	0.3	5:28	8:12	
24	Sun	11:28	9.8	11:41	11.7	5:17	-0.9	5:26	0.0	5:29	8:11	
25	Mon			12:23	10.1	6:11	-1.1	6:22	-0.2	5:30	8:10	
26	Tue	12:37	11.7	1:17	10.3	7:03	-1.2	7:17	-0.3	5:31	8:09	
27	Wed	1:32	11.4	2:09	10.4	7:54	-1.1	8:11	-0.2	5:32	8:08	
28	Thu	2:25	11.0	3:00	10.4	8:43	-0.8	9:05	0.0	5:33	8:07	
29	Fri	3:18	10.5	3:50	10.3	9:32	-0.3	9:59	0.3	5:34	8:06	
30	Sat	4:12	9.9	4:41	10.0	10:22	0.3	10:54	0.6	5:35	8:04	
31	Sun	5:08	9.2	5:33	9.8	11:13	0.9	11:52	0.9	5:36	8:03	