US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:40	10.8	3:22	9.7	9:03	-0.4	9:19	0.8	5:11	8:24	
2	Sun	3:31	10.3	4:13	9.5	9:52	0.0	10:12	1.1	5:12	8:24	
3	Mon	4:24	9.8	5:04	9.3	10:43	0.5	11:06	1.4	5:12	8:23	
4	Tue	5:18	9.4	5:56	9.2	11:33	0.9			5:13	8:23	
5	Wed	6:13	9.0	6:46	9.2	12:02	1.5	12:24	1.3	5:14	8:23	
6	Thu	7:08	8.7	7:35	9.2	12:57	1.5	1:13	1.5	5:14	8:22	
7	Fri	8:03	8.5	8:25	9.3	1:52	1.5	2:03	1.7	5:15	8:22	
8	Sat	8:58	8.4	9:13	9.5	2:46	1.3	2:53	1.8	5:16	8:22	
9	Sun	9:49	8.4	9:59	9.6	3:37	1.1	3:41	1.7	5:16	8:21	
10	Mon	10:35	8.6	10:42	9.8	4:23	0.9	4:26	1.6	5:17	8:21	
11	Tue	11:18	8.7	11:23	10.0	5:06	0.6	5:09	1.4	5:18	8:20	
12	Wed	11:59	8.9			5:47	0.4	5:52	1.3	5:19	8:20	
13	Thu	12:03	10.2	12:40	9.0	6:28	0.2	6:34	1.1	5:19	8:19	
14	Fri	12:44	10.3	1:21	9.2	7:09	0.0	7:18	0.9	5:20	8:19	
15	Sat	1:26	10.5	2:03	9.4	7:52	-0.2	8:03	0.7	5:21	8:18	
16	Sun	2:11	10.5	2:47	9.6	8:35	-0.3	8:50	0.6	5:22	8:17	
17	Mon	2:57	10.5	3:33	9.9	9:20	-0.3	9:40	0.4	5:23	8:16	
18	Tue	3:47	10.4	4:22	10.1	10:08	-0.2	10:34	0.3	5:24	8:16	
19	Wed	4:41	10.1	5:14	10.3	11:00	-0.1	11:31	0.2	5:25	8:15	
20	Thu	5:39	9.9	6:09	10.6	11:54	0.1			5:26	8:14	
21	Fri	6:39	9.6	7:06	10.8	12:31	0.1	12:50	0.2	5:26	8:13	
22	Sat	7:41	9.5	8:05	10.9	1:31	-0.1	1:48	0.3	5:27	8:12	
23	Sun	8:45	9.5	9:05	11.1	2:33	-0.3	2:48	0.3	5:28	8:12	
24	Mon	9:47	9.6	10:03	11.2	3:34	-0.5	3:46	0.3	5:29	8:11	
25	Tue	10:44	9.7	10:57	11.3	4:31	-0.7	4:42	0.2	5:30	8:10	
26	Wed	11:38	9.8	11:49	11.3	5:24	-0.8	5:35	0.1	5:31	8:09	
27	Thu			12:30	9.9	6:15	-0.8	6:27	0.2	5:32	8:08	
28	Fri	12:40	11.1	1:19	9.9	7:04	-0.7	7:16	0.3	5:33	8:07	
29	Sat	1:29	10.9	2:06	9.8	7:50	-0.5	8:04	0.5	5:34	8:06	
30	Sun	2:16	10.5	2:51	9.7	8:35	-0.2	8:52	0.7	5:35	8:04	
31	Mon	3:03	10.1	3:36	9.5	9:19	0.2	9:40	0.9	5:36	8:03	