US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:51	9.7	4:22	9.3	10:04	0.7	10:30	1.2	5:37	8:02	
2	Wed	4:41	9.2	5:10	9.2	10:51	1.1	11:22	1.4	5:38	8:01	
3	Thu	5:33	8.8	5:59	9.1	11:39	1.5			5:39	8:00	
4	Fri	6:26	8.4	6:49	9.1	12:15	1.5	12:29	1.7	5:40	7:59	
5	Sat	7:21	8.2	7:40	9.1	1:09	1.6	1:20	1.9	5:41	7:57	
6	Sun	8:16	8.1	8:31	9.2	2:04	1.5	2:11	2.0	5:42	7:56	
7	Mon	9:10	8.2	9:22	9.4	2:57	1.3	3:03	1.9	5:43	7:55	
8	Tue	10:00	8.4	10:09	9.7	3:47	1.1	3:52	1.6	5:44	7:53	
9	Wed	10:46	8.7	10:53	10.1	4:33	0.7	4:39	1.3	5:46	7:52	
10	Thu	11:28	9.0	11:36	10.4	5:16	0.3	5:24	0.9	5:47	7:51	
11	Fri			12:10	9.4	5:59	-0.1	6:08	0.6	5:48	7:49	
12	Sat	12:19	10.7	12:52	9.7	6:42	-0.4	6:54	0.2	5:49	7:48	
13	Sun	1:04	10.9	1:35	10.1	7:25	-0.6	7:41	-0.1	5:50	7:46	
14	Mon	1:50	10.9	2:20	10.4	8:10	-0.7	8:29	-0.3	5:51	7:45	
15	Tue	2:38	10.8	3:07	10.6	8:56	-0.6	9:20	-0.3	5:52	7:44	
16	Wed	3:30	10.5	3:57	10.7	9:44	-0.4	10:14	-0.3	5:53	7:42	
17	Thu	4:24	10.2	4:51	10.8	10:37	-0.1	11:13	-0.2	5:54	7:41	
18	Fri	5:23	9.8	5:48	10.7	11:32	0.2			5:55	7:39	
19	Sat	6:25	9.4	6:48	10.6	12:13	-0.1	12:31	0.5	5:56	7:38	
20	Sun	7:29	9.2	7:50	10.6	1:16	0.0	1:32	0.7	5:57	7:36	
21	Mon	8:34	9.2	8:52	10.6	2:19	0.0	2:33	0.7	5:58	7:34	
22	Tue	9:37	9.3	9:52	10.7	3:21	-0.1	3:34	0.6	5:59	7:33	
23	Wed	10:34	9.5	10:47	10.8	4:18	-0.2	4:30	0.5	6:00	7:31	
24	Thu	11:24	9.7	11:36	10.8	5:10	-0.3	5:21	0.3	6:01	7:30	
25	Fri			12:11	9.8	5:57	-0.4	6:09	0.3	6:02	7:28	
26	Sat	12:23	10.7	12:55	9.9	6:41	-0.3	6:55	0.3	6:03	7:26	
27	Sun	1:07	10.5	1:36	9.8	7:23	-0.1	7:39	0.4	6:04	7:25	
28	Mon	1:51	10.3	2:17	9.7	8:04	0.2	8:23	0.5	6:06	7:23	
29	Tue	2:34	9.9	2:58	9.6	8:44	0.5	9:07	0.7	6:07	7:21	
30	Wed	3:18	9.5	3:39	9.4	9:26	0.9	9:53	1.0	6:08	7:20	
31	Thu	4:04	9.0	4:24	9.3	10:09	1.3	10:42	1.3	6:09	7:18	