

































Quincy, (Nut Island), MA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:53	10.4	7:28	9.4	12:38	0.2	1:19	-0.2	7:12	4:22	
2	Tue	7:51	10.9	8:30	9.6	1:36	0.1	2:20	-0.7	7:12	4:23	
3	Wed	8:48	11.3	9:29	9.8	2:34	-0.1	3:18	-1.2	7:12	4:24	
4	Thu	9:44	11.6	10:25	10.0	3:30	-0.3	4:13	-1.5	7:12	4:25	
5	Fri	10:38	11.8	11:19	10.1	4:25	-0.5	5:06	-1.7	7:12	4:26	
6	Sat	11:31	11.7			5:18	-0.5	5:58	-1.6	7:12	4:27	
7	Sun	12:13	10.1	12:24	11.4	6:11	-0.4	6:49	-1.4	7:12	4:28	
8	Mon	1:05	10.0	1:16	11.0	7:03	-0.2	7:39	-1.0	7:12	4:29	
9	Tue	1:57	9.8	2:08	10.5	7:55	0.2	8:29	-0.5	7:11	4:30	
10	Wed	2:48	9.5	3:01	9.9	8:48	0.5	9:19	0.0	7:11	4:31	
11	Thu	3:40	9.3	3:56	9.3	9:43	0.9	10:11	0.6	7:11	4:32	
12	Fri	4:33	9.1	4:53	8.8	10:41	1.2	11:03	1.0	7:10	4:33	
13	Sat	5:26	9.0	5:51	8.4	11:39	1.3	11:56	1.4	7:10	4:34	
14	Sun	6:18	8.9	6:49	8.2			12:37	1.3	7:10	4:36	
15	Mon	7:11	9.0	7:47	8.1	12:48	1.6	1:35	1.2	7:09	4:37	
16	Tue	8:02	9.1	8:41	8.1	1:40	1.7	2:29	1.0	7:09	4:38	
17	Wed	8:51	9.3	9:28	8.3	2:30	1.6	3:16	0.7	7:08	4:39	
18	Thu	9:35	9.6	10:11	8.5	3:17	1.5	3:59	0.5	7:07	4:40	
19	Fri	10:15	9.8	10:51	8.6	4:00	1.3	4:39	0.3	7:07	4:42	
20	Sat	10:54	9.9	11:29	8.8	4:41	1.1	5:17	0.1	7:06	4:43	
21	Sun	11:33	10.1			5:21	0.9	5:56	-0.1	7:05	4:44	
22	Mon	12:07	8.9	12:12	10.2	6:02	0.7	6:34	-0.2	7:05	4:45	
23	Tue	12:45	9.1	12:52	10.2	6:43	0.6	7:14	-0.3	7:04	4:47	
24	Wed	1:24	9.3	1:34	10.2	7:26	0.4	7:55	-0.3	7:03	4:48	
25	Thu	2:05	9.5	2:19	10.0	8:12	0.3	8:39	-0.2	7:02	4:49	
26	Fri	2:50	9.7	3:08	9.8	9:01	0.3	9:27	-0.1	7:01	4:50	
27	Sat	3:39	9.9	4:03	9.5	9:56	0.2	10:19	0.1	7:01	4:52	
28	Sun	4:32	10.0	5:03	9.2	10:55	0.1	11:15	0.3	7:00	4:53	
29	Mon	5:29	10.2	6:05	9.0	11:56	0.0			6:59	4:54	
30	Tue	6:29	10.4	7:10	8.9	12:14	0.5	12:59	-0.1	6:58	4:55	
31	Wed	7:31	10.6	8:16	9.1	1:15	0.5	2:03	-0.4	6:57	4:57	