US HARBORS www.USHarbors.com

Quincy, (Nut Island), MA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:53**	10.4	**7:28**	9.4	**12:38**	0.2	**1:19**	-0.2	7:12	4:22	
2	Tue	**7:51**	10.9	**8:30**	9.6	**1:36**	0.1	**2:20**	-0.7	7:12	4:23	
3	Wed	**8:48**	11.3	**9:29**	9.8	**2:34**	-0.1	**3:18**	-1.2	7:12	4:24	
4	Thu	**9:44**	11.6	**10:25**	10.0	**3:30**	-0.3	**4:13**	-1.5	7:12	4:25	
5	Fri	**10:38**	11.8	**11:19**	10.1	**4:25**	-0.5	**5:06**	-1.7	7:12	4:26	
6	Sat	**11:31**	11.7			**5:18**	-0.5	**5:58**	-1.6	7:12	4:27	
7	Sun	**12:13**	10.1	**12:24**	11.4	**6:11**	-0.4	**6:49**	-1.4	7:12	4:28	
8	Mon	**1:05**	10.0	**1:16**	11.0	**7:03**	-0.2	**7:39**	-1.0	7:12	4:29	
9	Tue	**1:57**	9.8	**2:08**	10.5	**7:55**	0.2	**8:29**	-0.5	7:11	4:30	
10	Wed	**2:48**	9.5	**3:01**	9.9	**8:48**	0.5	**9:19**	0.0	7:11	4:31	
11	Thu	**3:40**	9.3	**3:56**	9.3	**9:43**	0.9	**10:11**	0.6	7:11	4:32	
12	Fri	**4:33**	9.1	**4:53**	8.8	**10:41**	1.2	**11:03**	1.0	7:10	4:33	
13	Sat	**5:26**	9.0	**5:51**	8.4	**11:39**	1.3	**11:56**	1.4	7:10	4:34	
14	Sun	**6:18**	8.9	**6:49**	8.2			**12:37**	1.3	7:10	4:36	
15	Mon	**7:11**	9.0	**7:47**	8.1	**12:48**	1.6	**1:35**	1.2	7:09	4:37	
16	Tue	**8:02**	9.1	**8:41**	8.1	**1:40**	1.7	**2:29**	1.0	7:09	4:38	
17	Wed	**8:51**	9.3	**9:28**	8.3	**2:30**	1.6	**3:16**	0.7	7:08	4:39	
18	Thu	**9:35**	9.6	**10:11**	8.5	**3:17**	1.5	**3:59**	0.5	7:07	4:40	
19	Fri	**10:15**	9.8	**10:51**	8.6	**4:00**	1.3	**4:39**	0.3	7:07	4:42	
20	Sat	**10:54**	9.9	**11:29**	8.8	**4:41**	1.1	**5:17**	0.1	7:06	4:43	
21	Sun	**11:33**	10.1			**5:21**	0.9	**5:56**	-0.1	7:05	4:44	
22	Mon	**12:07**	8.9	**12:12**	10.2	**6:02**	0.7	**6:34**	-0.2	7:05	4:45	
23	Tue	**12:45**	9.1	**12:52**	10.2	**6:43**	0.6	**7:14**	-0.3	7:04	4:47	
24	Wed	**1:24**	9.3	**1:34**	10.2	**7:26**	0.4	**7:55**	-0.3	7:03	4:48	
25	Thu	**2:05**	9.5	**2:19**	10.0	**8:12**	0.3	**8:39**	-0.2	7:02	4:49	
26	Fri	**2:50**	9.7	**3:08**	9.8	**9:01**	0.3	**9:27**	-0.1	7:01	4:50	
27	Sat	**3:39**	9.9	**4:03**	9.5	**9:56**	0.2	**10:19**	0.1	7:01	4:52	
28	Sun	**4:32**	10.0	**5:03**	9.2	**10:55**	0.1	**11:15**	0.3	7:00	4:53	
29	Mon	**5:29**	10.2	**6:05**	9.0	**11:56**	0.0			6:59	4:54	
30	Tue	**6:29**	10.4	**7:10**	8.9	**12:14**	0.5	**12:59**	-0.1	6:58	4:55	
31	Wed	**7:31**	10.6	**8:16**	9.1	**1:15**	0.5	**2:03**	-0.4	6:57	4:57	